



**Department of Exercise & Sport Science**  
**Job Shadow Experience Form for Sport Management Application**

Job shadow experiences give students a first-hand look at careers they may pursue after graduation. Students are instructed to “shadow” a person in their field for one working day (between 4 and 6 hours). All job shadow experiences must be pre-approved by the student’s academic advisor. Informational interviews alone are not considered job shadow experiences. Report format and length: academic writing style, one to two pages, double spaced, 12 point type, 1" margins

Student Name: \_\_\_\_\_

Site Name: \_\_\_\_\_

Site Address: \_\_\_\_\_

Site Phone: \_\_\_\_\_

Person Shadowed: \_\_\_\_\_

Person’s Job Title: \_\_\_\_\_

Signature of Person Shadowed: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Advisor: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_

On the second page of this form, please type out a description of your job shadow experience. Your report should include the following:

- Name of the organization, name of person you shadowed, & their title/position in the sport organization
- Date and time of your job shadow
- Job duties and responsibilities that you saw the person perform
- What you observed and learned about working in that field/position from the job shadow and how it might be helpful in your future job or career pursuits

