



### Family Weekend Outdoor Activities Resources

We encourage you to check out the resources below to spend time exploring our trail networks, parks, and river systems with your family. The trails within the city are well-developed and easily accessible. The resources and links below will help you.

- [Outdoor Connection Resource](#)
  - The Outdoor Connection is your resource to learn about local outdoor recreation opportunities such as biking trails, hiking trails and more. In addition, their Equipment Rental Center has everything you'll need to experience outdoor adventures big and small...including bikes.
  - Location: UWL Campus – Recreational Eagle Center
  - Hours of Operation – Friday: 12-6pm, Saturday: 10am-6pm & Sunday: 11am-6pm
- [La Crosse Marsh Trails](#)
  - Flat walking and biking trails near campus.
  - Access: Various access points.
- [Gateway Trails](#)
  - Hiking trails for all levels in Granddad Bluff Park
  - Access: Trailheads at 3020 Granddad Bluff Rd
- [Lower Hixon Forest](#)
  - Forest trails with beautiful overlooks 1.4 miles from campus.
  - Access: Trailhead at 2600 Old Quarry Rd
- [Upper Hixon Forest](#)
  - Prairie and forest trails near the NOAA Weather Station, 4.2 miles from campus
  - Access: Trailhead at 700 County Rd FA
- [Riverside Park & Riverside International Friendship Gardens](#)
  - Walking opportunities near downtown La Crosse on the Mississippi River
  - [Audio Tours](#)
  - Access: 100 State Street
- [State Biking Trails](#)
  - The La Crosse River State Trail and the Great River State Trail travel through the La Crosse region
  - Access: Various access points.
- [La Crosse Area Hiking, Biking, Canoeing, Kayaking Access Points](#)
  - A collection of the various access points to explore our wonderful city

As you explore the La Crosse area, be sure to upload your photos to social media and tag @uwlrec!

Additional information including trail etiquette, rules & regulations and other local opportunities can be found on the [City of La Crosse Website](#) and the [Explore La Crosse Website](#).