

# STUDENT LIFE OFFICE

A PLACE FOR ALL EAGLES!

ACADEMIC STAFF  
COUNCIL PROGRAM  
OF THE YEAR

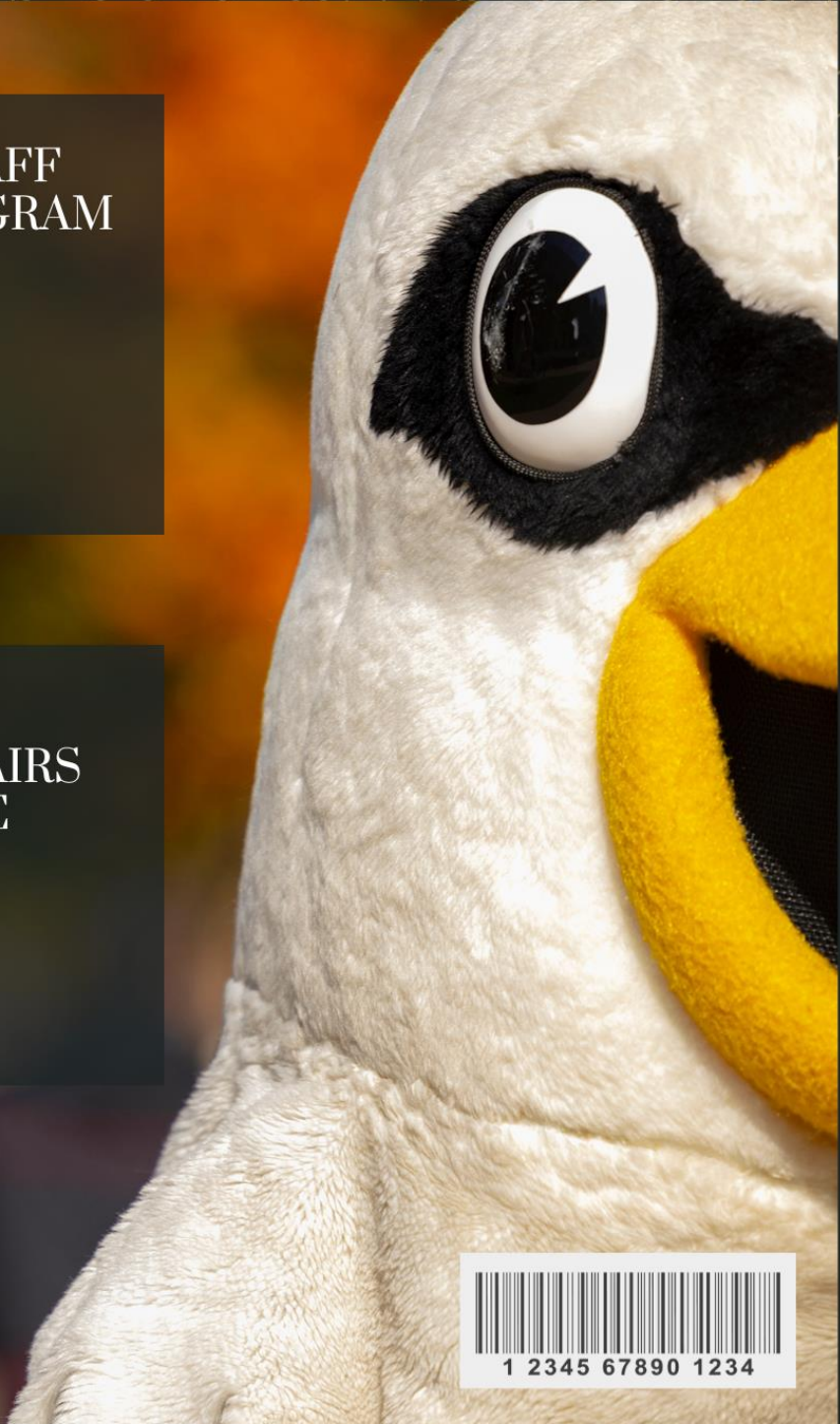
2024

DIVISION OF  
STUDENT AFFAIRS  
OFFICE OF THE  
YEAR

2024



WWW.UWLAX.EDU/STUDENT-LIFE



# STUDENT LIFE OFFICE

A PLACE FOR ALL EAGLES!

2023-2024 ACADEMIC YEAR

## EMERGENCY FUND

**\$3,028**

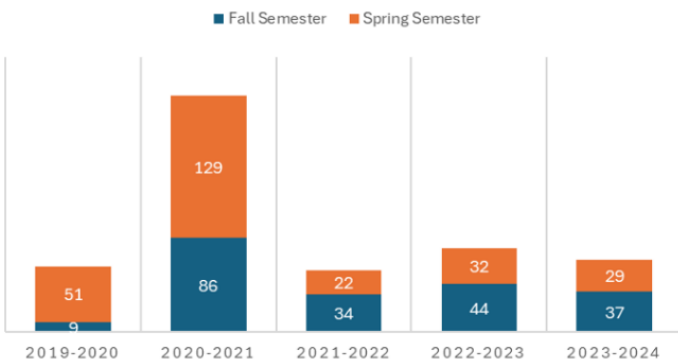
Provided to support students in need

"Thank you so much again for reaching out. I can't emphasize enough how much you've helped me get started moving again."

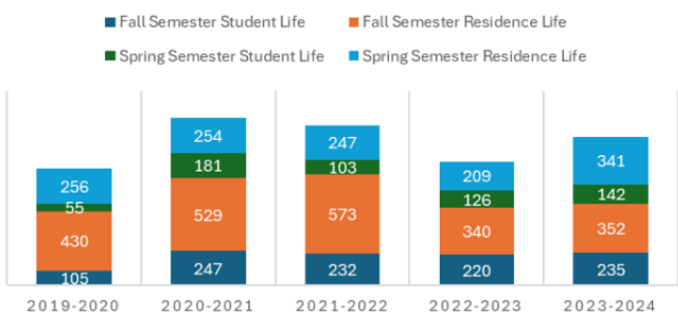
## ADVOCACY & EMPOWERMENT

Case Type/Year	2021-2022	2022-2023	2023-2024
Absence Notification	172	94	107
CARE	32	16	12
Emergency Fund	100	74	56
Student Support	821	715	583
COVID-19	274	40	n/a
Withdrawal	261	175	190
Student Death	3	2	3
Case #'s w/o COVID	1,389	1076	952

## ACADEMIC MISCONDUCT TOTAL CASE COUNT



## HISTORICAL NON-ACADEMIC MISCONDUCT HEARING CASES



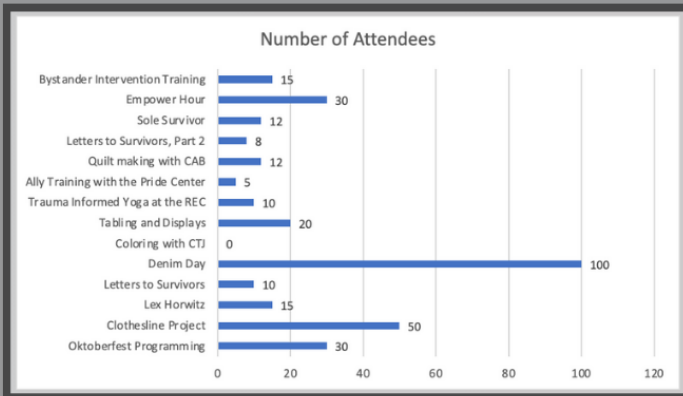
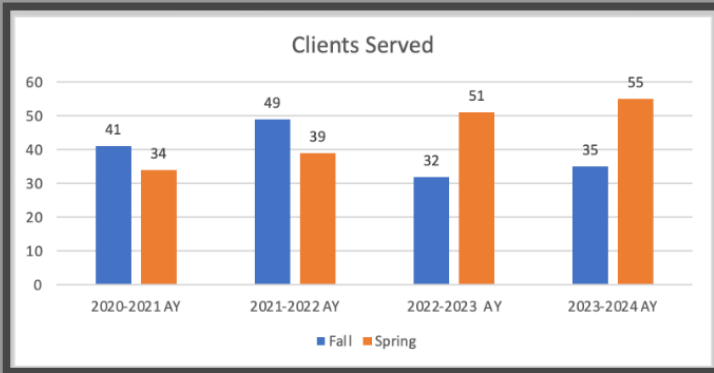
## STUDENT CONDUCT

Total Cases	Fall	Spring	Total
2023-2024 Academic Year	526	426	952
2022-2023 Academic Year	639	523	1162
2021-2022 Academic Year	984	679	1663

"Although I have not been proud of my past choices and won't be proud of some of my future choices, holding myself accountable is something I know will ground me back to the person I want to be. I've taken time to remind myself that a bad decision doesn't define who I am. Being able to apologize, right my wrongs, and take responsibility for my actions are a few ways I will take ownership of any wrong doings I do." -UWL Senior

## VIOLENCE PREVENTION

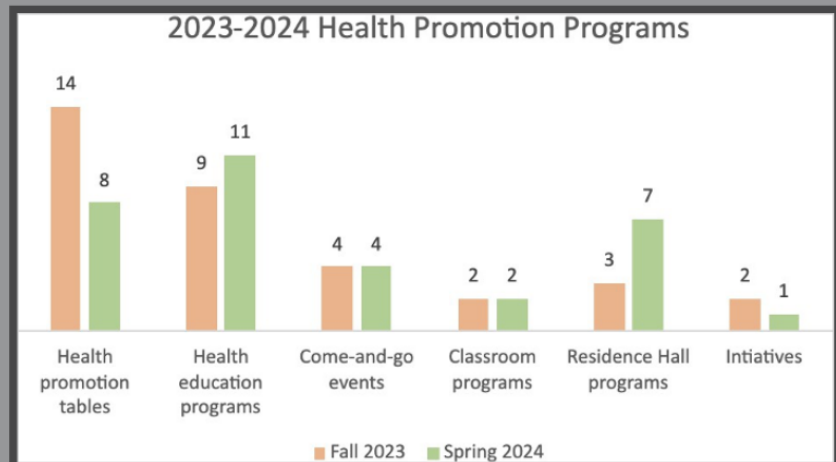
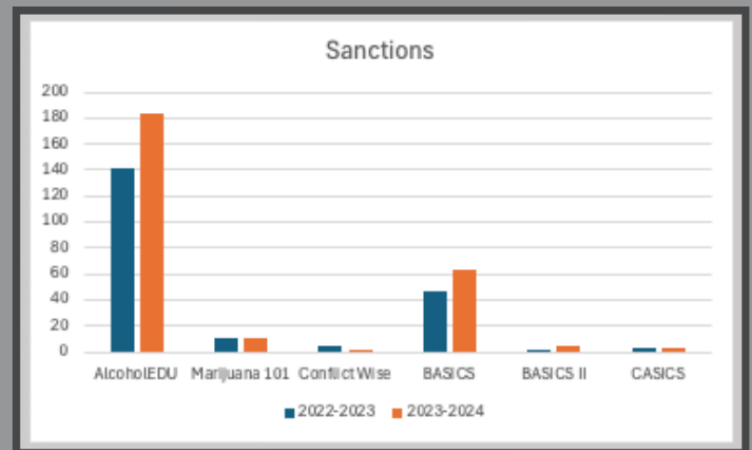
I am just emailing you to thank you for everything you've done to help me this semester. You played a big part in my recent life, and I am so glad that I met you and that we were able to connect. You're such an understanding and kind person; the impact you have in my life will never be forgotten. You went to lengths for me when I needed it the most, and I cannot be more thankful.



## WELLNESS & HEALTH ADVOCACY

"I enjoyed the lack of judgment and how it was a learning environment and a way to reflect."  
- (BASICS Student)

"It taught me some things that I never thought I would need or like to know."  
- (BASICS Student)



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**Student Life Office**  
**2023-2024 End of Year Report**  
**Edited by Kara Ostlund**

**MISSION OF UNIT**

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**What matters most in the Student Life Office is student success.**

The University of Wisconsin-La Crosse is committed to its belief in *mens corpusque* (“*mind and body*”) and seeks to provide a student-centered education in environments that are safe, diverse, equitable, inclusive and engaging. Our purpose in the Student Life Office (SLO) is to support and encourage students’ growth and well-being in ways that enable them to thrive. We strive to empower students to share responsibility in the learning process and to create a positive learning community. Our vision is that students will participate actively in this process, unlimited by ability, culture, gender, race, sexuality, religion or socio-economic barriers. We imagine students becoming self-determined individuals and well-informed citizens who are caring and compassionate for others and themselves.

The SLO challenges students through individual and group interventions, and we support them by offering innovative programs and opportunities. Our outreach includes wellness programming, alcohol and drug education, policy and safety awareness, violence prevention, and other activities that support student transitions to and through the university. We recognize that collaboration is important to students' success and we aim to work closely with faculty, staff, and families to ensure our work is mindful, supportive and current.

**ABOUT THE UNIT**

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**2023-2024 Academic Year**

The Student Life Office is an office comprised of four (4) units. The units are: Advocacy and Empowerment, Student Conduct, Violence Prevention, and Wellness and Health Advocacy. The Student Life Office employs a Dean of Students, Assistant Dean of Students, Student Life Specialist, Coordinator of Student Conduct, Violence Prevention Specialist, Coordinator of Student Wellness, and an Executive Assistant. When available, we also employ a graduate assistant and a preceptee. There are several student positions available as an office worker or a Peer Health Advocate. The Student Life Office also houses the Vice Chancellor for Student Affairs and a Business Manager for the divisions of Student Affairs and Diversity and Inclusion.

**2024-2025**

The Student Life Office will be an office comprised of five (5) units. The units are: Advocacy and Empowerment, Second Year Experience, Student Conduct, Violence Prevention, and Wellness and Health Advocacy. The Student Life Office will employ

a Dean of Students, Assistant Dean of Students, Student Life Specialist, Coordinator of Second Year Experience, Coordinator of Student Conduct, Violence Prevention Specialist, Coordinator of Student Wellness, and an Executive Assistant. When available, we also employ a graduate assistant and a preceptee. There are several student positions available as an office worker or a Peer Health Advocate. The Student Life Office also houses the Vice Chancellor for Student Affairs and a Business Manager for the divisions of Student Affairs and Diversity and Inclusion.

## **2023-2024 ACADEMIC YEAR STUDENT LIFE OFFICE GOALS**

**GOAL 1: By May 2024, the Student Life Office will, in an effort to further educate the campus community regarding services available, continue engagement in a comprehensive Student Life Office marketing plan.**

**PROGRESS UPDATE:** *After the fall semester concluded, a one-page handout (infographic) was created to tell the story of our office. Another similar document will be created for the spring semester and put together with the fall document so that individuals can review what is going on in the Student Life Office.*

*On a monthly basis, Issy shared the events that occurred and future events with campus partners. This was done to provide transparency on how their funds were being utilized in the office.*

*Blythe and Issy were both instrumental in promoting the events within our office on their social media accounts. The promotion was done in a way that made things easy to find.*

*We have done some website editing however didn't change too much because it is still an active site and people are utilizing it on an everyday basis. We have made some edits along the way, but nothing that I would consider an "overhaul."*

*Our 3D's folder is complete and printed!*

**GOAL 2: By May 2024, the Student Life Office will, in an effort to continue to increase awareness and utilization of its services by students of color and all underrepresented groups, establish a baseline, assess programs and services to identify and remove barriers for students of color and all underrepresented groups within the services it provides.**

**PROGRESS UPDATE:** This goal was continuous from last year. Each unit implemented researched ways of increased utilization of their services. They have been assessing their programs and services since implementing new strategies. We have seen a little impact with the removal of barriers.

For Blythe and Issy, we didn't really want to increase utilization of services per se. This would mean that more things are occurring on campus and/or students are in need of assistance of some kind. Instead, we wanted to increase awareness of their programs and services.

Blythe and Issy increased their presence in spaces where students were located. Blythe continued hours in the Pride Center. She also started having hours in OMSS, Mitchell, and the REC. Issy was more present in front of students at tables in the union. She also

has hours in the REC, OMSS, and the Pride Center. has had some students come up to her and inquire about services. Both continued to present in front of student groups and classes.

Blythe's efforts resulted in an increase in services provided to students. We aren't sure if this is completely due to her being in places where students are, but being more accessible is helpful.

Issy has seen an increase in the number of students participating in the events put on by PHAs. They had 2,793 student engagements at their events during the 2023-2024 academic year.

For Student Conduct, we didn't really want to increase services. Instead, we wanted to be more meaningful of informing students of the rights they had when we met with them. Based on the results of the conduct survey we provide to students, 88% of the students reported that we did inform them of their rights. Within the same survey, 72% of the students stated that "strongly agree" that their conduct officer listened to them, and 11% said "somewhat agree" that their conduct officer listened to them. No one had anything less than "neither agree nor disagree." In the same survey, 100% of the students stated that their conduct officer cared about them.

Due to staffing levels, we didn't have time to assess Advocacy and Empowerment in this area.

**GOAL 3: By May 2024, the Student Life Office will, in an effort to develop programs and services that adapt to the changing needs and be more inclusive to all populations, create and impement a comprehensive assessment plan of all units**

**PROGRESS UPDATE:** Each unit has implemented their comprehensive assessment plans and have collected data. Most units have made changes to services, approaches, programs, ect., based on results of the assessment tools.

### **ACCOMPLISHMENTS/POINTS OF PRIDE/HIGHLIGHTS**

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- Even while being short staffed, the Student Life Office managed to maintain its quality of service to the campus community.
- Eventually, after multiple failed searches, the Student Life Office was able to successfully hire a Coordinator of Student Conduct and a Coordinator of Second Year Experience. The Student Life Office will start the 2024-2025 academic year fully staffed.
- During the winter break, the Student Life Office underwent construction to gain another office to account for the growing number of units.
- We got a sink with running water!

### **CHALLENGES/LOWLIGHTS**

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- This year, the office continued to be impacted by staffing shortages. We were unable to successfully hire for the Coordinator of Student Conduct during the fall semester, so the Dean of Students and Assistant Dean of Students had to shift



responsibilities to take on student conduct. During the spring semester, we lost an employee to another institution, which meant that there was another shift in responsibilities and services provided. The Dean of Students took on all student conduct, the Assistant Dean of Students took on all student of concern cases, the Violence Prevention Specialist and Coordinator of Student Wellness made themselves readily available for when students in crisis when the Dean of Students and Assistant Dean of Students were preoccupied. Student conduct removed the option to write academic misconduct letters for faculty members. Instead, faculty were referred to resources that already existed on the website.

- This year, we lost our conference room to make room for a staff member's office. While we are excited to have made another office within our office, we are sad to have lost such a valuable space within our office.

### **PROGRAMS/SERVICES**

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- Provided \$3,028.13 in Emergency Funds to 8 total students in financial need.
- Despite staffing shortages, UWL hosted the spring 2024 State Conduct Officer's meeting on campus.
- Blythe was asked to join and appointed to the Wisconsin Attorney General's Sexual Assault Response Team.
- De-Stress Fest was reconfigured into the De-Stress Zone at Spring Spectacular to avoid double-booking events of the last day of classes and to reach a larger audience; 338 students participated in the De-Stress Zone

### **STUDENT HIGHLIGHTS/TESTIMONIALS**

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- "The Student Life Office provides incredible support, opportunities, and overall growth for all people who enter the office, especially students. My experience within the office has solidified my career goals and educational endeavors. Within my time, I have had experience planning events, conducting assessment and evaluation, maintaining confidentiality, managing social media, and so many other incredibly valuable experiences. In my role, I have been able to see the impact that the smallest act can have on students. Just one small presentation in a classroom can show students that they do have individuals on campus who support them, care about them, and can help them through some of their most challenging times. That is what we all do. In one way or another, we all are working with students through their most difficult days. Seeing students grow, learn, change, and do better is what we all strive for." (Student Life Office Graduate Assistant)

### **HONORS/AWARDS/GRANTS/PROFESSIONAL PRESENTATIONS**

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- This year, the Student Life Office was recognized by the Divisions of Student Affairs and Diversity and Inclusion as the Outstanding Department of the Year.

- The Student Life Office was also recognized as Program of the Year for Academic Staff Council.

### **2024-2025 ACADEMIC YEAR STUDENT LIFE OFFICE GOALS**

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**Goal 1:** By May 2025, Violence Prevention, Wellness and Health Advocacy, and Second Year Experience will increase attendance at campus events by 15% through targeted marketing strategies and collaborations with student organizations.

**Goal 2:** By May 2025, Advocacy and Empowerment will evaluate best practices from professional organizations within the field to align our CARE team with current trends.

**Goal 3:** By May 2025, Student Conduct will reevaluate content within Maxient and the Student Conduct Hearing Panel to align our practices with a trauma informed lens.

**Goal 4:** By May 2025, the Student Life Office will continue engagement in a comprehensive Student Life Office marketing plan to further educate the campus community regarding services available and staffing within the office.

**Advocacy and Empowerment**  
**2023-2024 End of Year Report**  
**Information Provided by Amanda Abrahamson**

**MISSION OF UNIT**

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Advocacy and Empowerment supports students in distress by providing community and individual interventions through non-clinical case management services. Advocacy and Empowerment centers the experience of identity through a lens of cultural humility, understanding that identity affects the ways we experience distress. By utilizing this holistic student approach, we support students through mental/emotional distress, physical distress, social distress, financial distress, and academic distress.

In spirit with UWL’s mission that “the entire university community is fully engaged in supporting student success”, Advocacy and Empowerment serves as a central location to report student concerns for faculty, staff, students, families, and other community members. We strive to provide effective consultation and referral services that promote student learning, development, and success. Through Advocacy and Empowerment services we give students the opportunity to thrive by developing personal agency and building resiliency in times of distress.

**ABOUT THE UNIT**

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This unit is comprised of two staff members, the Assistant Dean of Students and a Student Life Specialist. The unit offers many services, including, but not limited to:

- Non-clinical case management services
- Interventions for students and communities in distress
- Facilitating communication between students and their instructors
- Individual and community harm and violence prevention efforts
- Coordinating campus and community referrals
- Providing crisis management support
- Assisting with UWL's CARE team efforts
- Coordinating the withdrawal process
- Consulting about the readmittance process
- Navigating university complaint and grievance procedures
- Other services as applicable to your situation

## **2023-2024 ACADEMIC YEAR UNIT GOALS**

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**GOAL 1: Create/edit/distribute marketing materials for A&E and the CARE Team (quarter sheet handouts, departmental meetings, business cards, display screens, etc).**

**PROGRESS UPDATE:** Created and implemented display screens with Student Life Office and Advocacy & Empowerment information across campus for quick student access to booking appointments and information. The 3D folder for the CARE team was also accomplished over the summer/into the Fall semester.

**GOAL2: In alignment with Student Life Office goals, Advocacy & Empowerment will work to increase services to underserved populations.**

**PROGRESS UPDATE:** This goal is still in progress. We ended the Fall 2023 semester with our practicum student conducting some research for us, and analyzing our data from past semesters to better inform our approach. We then lost another staff member, and did not have the capacity to expand our services or create new programs.

**GOAL 3: Find a sustainable way to collect and market the reasons students are withdrawing from UWL, and advocate for changes that may support student retention.**

**PROGRESS UPDATE:** This goal is still in progress. With staffing shortages, we did not have the capacity to make progress on this goal.

## **ACCOMPLISHMENTS/POINTS OF PRIDE/HIGHLIGHTS**

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- Providing \$3,028.13 in Emergency Funds to 8 total students in financial need.
- Serving a high caseload of students efficiently and effectively, while short-staffed.
- We conducted a successful search for the next Student Life Specialist, who will start in June.

## **CHALLENGES/LOWLIGHTS**

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- We have been without a Conduct Coordinator for the Fall 2023 semester, which has caused a domino effect in staffing for Advocacy & Empowerment.
- We lost a Student Life Specialist in the Spring 2023 semester, which caused all but a few of the Advocacy & Empowerment cases to be managed by one person, the Assistant Dean of Students.
- The types of cases we work with can take an emotional toll, especially when these cases are all being managed by one person

## **PROGRAMS/SERVICES**

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\*Some cases are still open from the Spring 2024 semester, so these numbers are not final

Total Case Count by Academic Year/Semester

<b>Total Cases</b>	<b>Fall</b>	<b>Spring</b>	<b>Total</b>
2023-2024 Academic Year	526	426	952
2022-2023 Academic Year	639	523	1162
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Case Type by Year

<b>Case Type/Year</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>
Absence Notification	172	94	107
CARE	32	16	12
Emergency Fund	100	74	56
Student Support	821	715	583
COVID-19	274	40	n/a
Withdrawal	261	175	190
Student Death	3	2	3
Case #'s w/o COVID	1,389	1076	952

Fall Case Counts

<b>Fall Case Counts</b>	<b>Fall 2021</b>	<b>Fall 2022</b>	<b>Fall 2023</b>
Absence Notification	110	50	85
CARE	26	9	8
Emergency Fund	52	34	30
Student Support	432	416	276
COVID-19	212	28	n/a
Withdrawal	147	88	121
Student Death			2

Spring Case Counts

<b>Spring Case Counts</b>	<b>Spring 2022</b>	<b>Spring 2023</b>	<b>Spring 2024</b>
Absence Notification	62	44	22
CARE	7	7	4
Emergency Fund	47	40	25
Student Support	380	299	306
COVID-19	61	12	n/a
Withdrawal	112	87	69
Student Death			1

### Issues/Concerns by Year

<b>Issues/Concerns</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>
academic concern	411	341	223
disruption	19	14	9
eating disorder	12	3	2
emergency fund	110	79	56
excessive absences/missing work	136	111	198
family emergency	35	19	18
family stressors	59	37	17
financial concern	141	117	67
hospitalization	34	17	20
loss of a friend/loved one	94	82	86
mental/emotional well-being	363	272	238
navigating a campus office	n/a	26	22
physical well-being	553	252	150
return from medical withdrawal	n/a	29	23
self-harm/NSSI	13	4	8
social well-being	27	42	21
substance abuse	11	3	2
suicide attempt	18	5	7
suicide ideation/threat	35	16	16
supporting a friend	43	13	25
transitional concerns	10	5	3
withdrawals	347	289	252

### Actions Taken by Year

<b>Actions</b>	<b>2021-2022</b>	<b>2022-2023</b>	<b>2023-2024</b>
absence awareness/notification	630	288	262
campus resource referral	35	20	8
community resource referral	15	15	5
emergency fund approved	16	5	8
emergency fund denied	91	75	48
follow up meeting	74	52	34
incomplete grade consultation	41	62	23
medical withdrawal	93	78	55
military withdrawal	4	0	1
outreach to family	9	3	1
referral to academic advising	37	22	12
referral to ACCESS	57	66	103
referral to affirmative action	2	2	0
referral to campus dietician	1	2	0
referral to career services	8	8	3
referral to college/school	14	18	4
referral to CTC	186	130	84
referral to CTJ	1	2	1



referral to dept. chair	27	13	6
referral to emergency resources	41	31	34
referral to Financial Aid	50	33	22
referral to OMSS	6	2	2
referral to Pride Center	1	2	0
referral to Residence Life	26	20	8
referral to SHC	10	24	29
referral to SSS	6	0	2
referral to Title IX	9	1	1
referral to tutoring	29	16	23
referral to University Centers	5	8	5
referral to UP	1	2	1
referral to Violence Prevention	1	2	3
student support consult	34	22	3
student support outreach	166	158	122
withdraw (no refund)	45	55	33
withdraw 100% tuition refund	137	127	118
withdraw 50% refund	29	15	10
withdraw WP/WF	3	4	4

#### Estimated Time Spent on Case

Total Resolutions by Year	2021-2022	2022-2023	2023-2024*
0-15 min (10 min avg)	729	486	470
15-30 min (22 min avg)	356	358	280
30-60 min (45 min avg)	364	205	121
1-2 hours (90 min avg)	144	70	44
2-4 hours (180 min avg)	45	30	10
5 plus hours (360 min avg)	17	12	4
Total average time	978.03 hours	633.02 hours	367.75 hours

\* 22 cases still open that are unaccounted for in total resolutions by year

#### STUDENT HIGHLIGHTS/TESTIMONIALS

- “Thank you so much again for reaching out. I can’t emphasize enough how much you’ve helped me get started moving again.”
- “I am so relieved to hear this and I appreciate all your help!” (Regarding Emergency Fund approval)
- “Thank you so much for everything! I wouldn’t have been able to be as calm about the meeting if I didn’t get to chat with [you] before. I appreciate everything immensely.”
- “Thank you so much for all your help with my illness during the fall semester of 2023. I truly appreciate it and it helped me more than you could know. I am recovering well and excited for the next semester! Many thanks!”
- “Thanks again for meeting with me. I appreciate you being there for me and giving me the steps I need to move forward. I really needed that today.”

- “Thank you so much! You have been more than helpful I really appreciate it.”

## **HONORS/AWARDS/GRANTS/PROFESSIONAL PRESENTATIONS**

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N/A

## **SERVICE TO THE UNIVERSITY**

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### **Assistant Dean of Students**

- CARE Team Leader
- Residence Life Housing Appeals Committee
- Campus Close Up Parent Panel Member
- Teacher Candidate Progress Review (TCPR) Non-Voting Member
- Coordinator of Student Conduct Search and Screen Committee, Chair
- Clery Expert for Campus

### **Student Life Specialist**

- CARE Team Member
- Coordinator of Second Year Experience Search and Screen Committee, Chair

## **2024-2025 ACADEMIC YEAR UNIT GOALS**

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**GOAL 1:** Find a sustainable way to collect and market the reasons students are withdrawing from UWL, and advocate for changes that may support student retention.

**GOAL 2:** In alignment with Student Life Office goals, Advocacy & Empowerment will work to increase awareness of services to underserved populations.

**GOAL 3:** In an effort to continue educating our campus community on the services we offer, we will find ways to continue to connect with faculty to share our story.

## **Student Conduct**

### **2023-2024 End of Year Report**

#### **Information Provided by Amanda Abrahamson**

#### **MISSION OF UNIT**

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The Student Life Office is responsible for the student conduct process at the university. We recognize each student as a whole person, and we value equity, diversity, and the inclusion and engagement of all people in a safe campus environment. The student conduct process is designed to address the student's relationship to the institution and its behavioral standards and policies. To guide student behavior, the University of Wisconsin System provides a student code of conduct that articulates expectations for students and that provides the university appropriate procedures to effectively address student misconduct.

At UWL, our process is grounded in education and development and practices fundamental fairness to all involved. The student conduct process focuses on assessing the impacts of an individual's behavior on the learning environment of others and facilitating student growth, learning, and development. Our philosophy is guided by the notion that mistakes made can be invaluable learning opportunities for students. It is our goal with the student conduct process that we cultivate a safe community for all students, staff, faculty, and guests at UW La Crosse.

#### **ABOUT THE UNIT**

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This unit is comprised of a Coordinator of Student Conduct. However, there are others that assist with student conduct including the Dean of Students, Assistant Dean of Students, and members of the Student Misconduct Hearing Panel. All are responsible for enforcing UWS Chapter 14, 17, and 18 on UWL's campus. Those that assist with student conduct believe that that students who engage in the student conduct process will:

- recognize how their choices and behavior relate to their values, beliefs, and/or goals;
- learn to identify alternatives for managing similar behavior and develop strategies to choose those alternatives in the future;
- grow their understanding of other peoples' perspectives;
- develop awareness of the ways their individual actions impact the UWL community and why UWL is concerned about student behavior that violates its policies; and
- understand how further misconduct may impact future goals at UWL, and beyond.

#### **2023-2024 ACADEMIC YEAR UNIT GOALS**

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Due to the limited staffing, goals for the 2023-2024 academic year were not created.

## ACCOMPLISHMENTS/POINTS OF PRIDE/HIGHLIGHTS

- There was minimal disruption to services related to Student Conduct despite being short staffed for over a year.
- With support of our hearing board, we managed an increase of both academic and non-academic misconduct hearings. We saw academic misconduct hearings increase from 4 in 2022-2023 to 9 in 2023-2024, and an increase in non-academic misconduct hearings from 1 in 2022-2023 to 4 in 2023-2024.
- Students who engaged in our student conduct process and completed our student conduct survey reported the following:
  - 88% of the students reported that the Student Life conduct officers informed them of their rights.
  - 82% of the students stated “strongly agree” or “somewhat agree” that their conduct officer listened to them.
  - None of the students had anything less than “neither agree nor disagree.”
  - 100% of the students stated that their conduct officer cared about them.
- Despite staffing shortages, UWL hosted the spring 2024 State Conduct Officer’s meeting on campus.

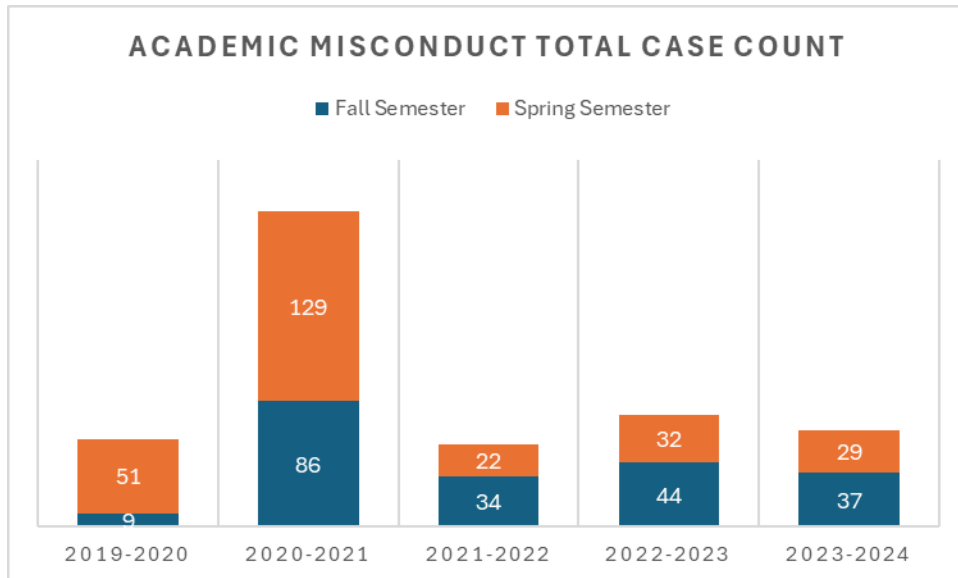
## CHALLENGES/LOWLIGHTS

- Due to staffing shortages, we had to remove a Maxient form for instructors to report academic misconduct, enabling us to be able to draft their letters for them. Instead, we referred them to a letter template we had on our website to allow them to create their own letters.
- As we were short staffed all year, we were only able to manage cases that came in, and could not focus time and effort on goals or advancing our conduct program in a meaningful way.
- We were unable to hire a Coordinator of Second Year Experience, resulting in a failed search.

## PROGRAMS/SERVICES

### Academic Misconduct

#### *Historical Academic Misconduct Total Case Counts*



#### *Historical Academic Misconduct Sanction Breakdown*

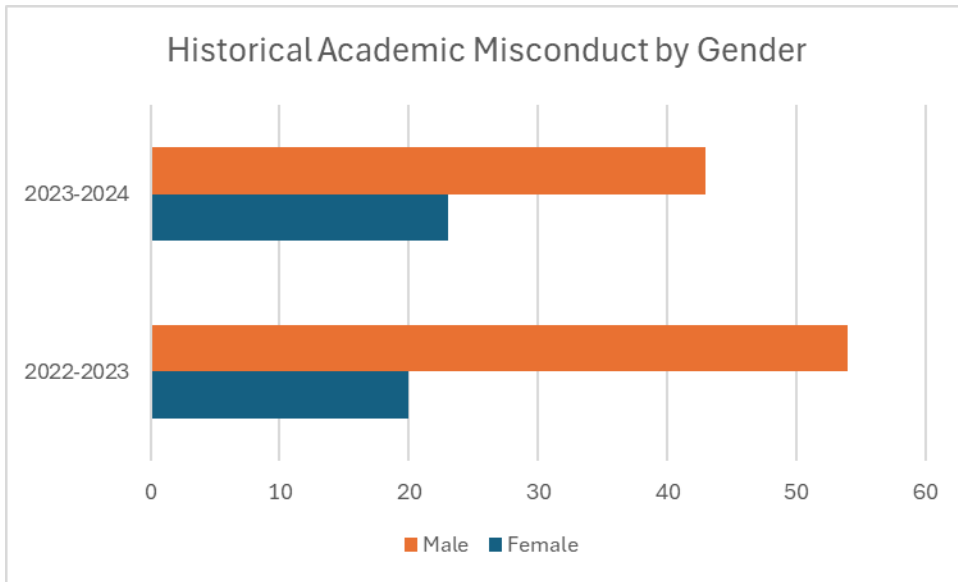
Academic Year	2019-2020		2020-2021		2021-2022		2022-2023		2023-2024	
	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Spring
Assignment Repeat	0	8	0	10	2	1	8	0	1	2
Failing Grade in Course	1	6	5	6	0	1	5	0	0	0
Lower Grade in Course	0	5	7	0	1	0	1	0	2	1
Lower/Failing Grade on Assignment/Test	5	43	71	60	16	17	32	29	31	24
Oral Reprimand	0	1	1	2	1	5	9	1	2	0
Written Reprimand to Student	2	11	3	10	11	4	15	7	16	8
Apology Letter	0	0	0	14	0	0	0	0	0	0
Disciplinary Probation	0	0	0	1	0	0	2	1	1	2
Reflection Assignment	0	0	0	18	1	0	1	1	1	0
Suspension	0	0	0	0	1	0	0	0	0	0

*Historical Academic Misconduct by Majors*

<b>Academic Major</b>	<b>2022-2023</b>	<b>2023-2024</b>
Accountancy BS	2	1
Athletic Training	1	0
BF Soc Studies (4-12) BS	0	1
BIO: Aquatic Science BS	1	0
BIO: Biology BS	3	2
BIO: Biomedical Sciences BS	0	1
Business Analytics BS	1	0
Computer Engineering BS	1	0
CS: Computer Science BS	3	3
CS: Cybersecurity BS	3	1
CS: MSE Dual Degree BS	1	3
CST: Org & Prof Com BS	0	1
EDS: Ele/Middle/Special Ed BS	1	0
ESS: Exer Sci Fitness BS	2	2
ESS: Exer Sci PreProf BS	2	3
ESS: Phy/Adp/Sch Hlth Ed BS	2	0
ESS: Sport Mgmt BS	1	1
FIN: Risk, Insur; Fin Pln BS	1	0
Finance BS	6	9
General Studies BS	1	2
History: Cultrl & Soc His BA	0	1
Healthcare Administration	1	0
Information Systems BS	7	5
MGT: Management BS	5	7
MKT: Marketing BS	7	4
MTH: Applied BS (CSH)	1	1
Nuclear Medicine Technology BS	0	3
No Academic Major Entered on Case	1	0
Psychology BA	2	0
Psychology BS	4	4
RS: Radiation Therapy BS	0	1
RS: Radiologic Technology BS	1	0
Sociology BA	2	0
Software Engineering	1	0
STAT: Actuarial Science BS	1	0
Undeclared - Col Arts/SocSci/Hum	0	1
Undeclared-Col Business Admin	6	1
Undeclared-Col of Sci & Health	2	3
<b>Totals</b>	<b>73</b>	<b>61</b>



*Historical Academic Misconduct by Gender*

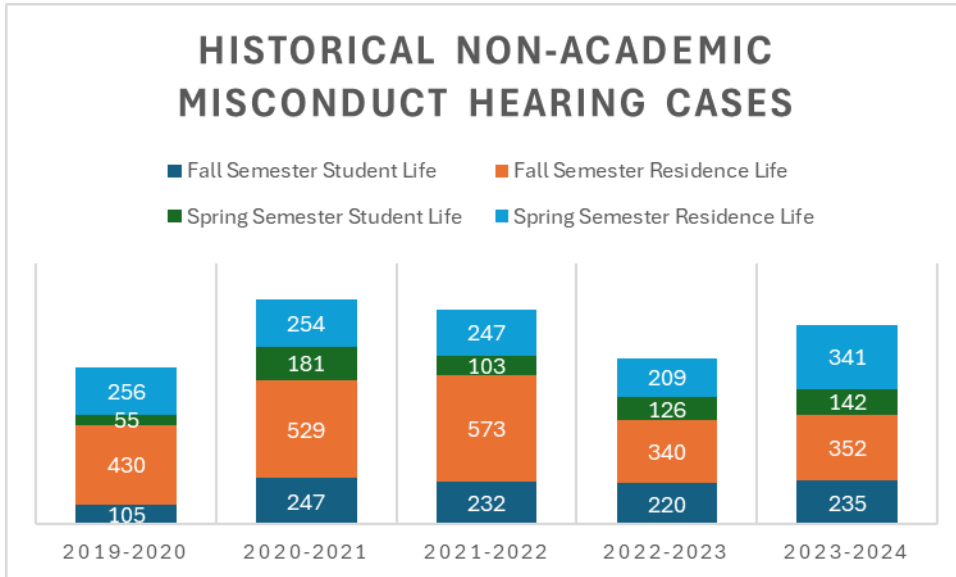


*Historical Academic Misconduct by Ethnicity*

<b>Ethnicity</b>	<b>2022-2023</b>	<b>2023-2024</b>
AFRICAN AMERICAN	4	3
HISPANIC	4	0
INTERNATIONAL	1	0
OTHER ASIAN	1	9
TWO OR MORE RACES	3	3
UNKNOWN	2	0
WHITE	58	51
<b>TOTALS</b>	<b>73</b>	<b>66</b>

## Non-Academic Misconduct

*Historical Non-Academic Misconduct Total Case Counts*



*Historical Non-Academic Misconduct by Gender*

	2022-2023		2023-2024	
	Non-Academic Misconduct	Residence Life	Non-Academic Misconduct	Residence Life
Female	184	48	126	235
Male	155	178	164	318
Unknown	15	251	32	83

*Historical Non-Academic Misconduct Comprehensive Responsible Findings*

<b>Charge/Issue</b>	<b>2022-2023 AY</b>	<b>2023-2024</b>
<b>Chapter 17 Violations</b>	<b>Responsible</b>	<b>Responsible</b>
UWS 17.09 (1) - Dangerous Conduct	20	31
UWS 17.09 (4) - Harassment	1	0
UWS 17.09 (5) - Hazing	0	0
UWS Chapter 17.09 (6) - Illegal use, possession, manufacture, or distribution of alcohol or controlled substance.	264	219
UWS 17.09 (6) - Alcohol	262	210
UWS 17.09 (6) - Drugs	2	9
UWS 17.09 (7) - Unauthorized use or damage to property	6	10
UWS 17.09 (8) - Disruption of university-authorized activities	4	0
UWS 17.09 (9) - Forgery or falsification	34	23
UWS 17.07 (10) - Misuse of computing resources	0	0
UWS 17.09 (11) - False statement or refusal to comply regarding a university matter	3	4
UWS Ch. 17.09 (12) - Violation of Criminal Law	2	2
UWS Ch. 17.09 (13) – Serious-and repeated violations of municipal law	4	1
UWS Ch. 17.09 (14) - Violation of Ch. UWS 18	4	0
UWS Ch. 17.09 (15) - Violation of university rules	0	2
UWS Ch. 17.09 (16) - Noncompliance with disciplinary sanctions	0	0
UWS Ch. 17.09 (20) - Retaliation	0	1
<b>Chapter 18 Violations</b>	<b>Responsible</b>	<b>Responsible</b>
UWS 18.04 - Traffic rules	0	0
UWS 18.08 - Personal conduct prohibitions	3	5
UWS 18.09 - Alcohol and drug prohibitions	0	2
UWS 18.10 - Offenses against public safety	1	0
UWS 18.11 - Offenses against public peace and order	1	0

*Historical Non-Academic Misconduct Responsible Charges by Ethnicity*

<b>Ethnicity</b>	<b>2021-2023</b>	<b>2022-2023</b>	<b>2023-2024</b>
African American	2	0	6
American Indian	0	1	1
Hispanic	20	14	19
International	0	2	1
Other Asian	4	2	3
Southeast Asian	1	0	2
Two or More Races	12	12	7
Unknown	2	5	1
White	218	315	261

*Historical Non-Academic Misconduct Sanctions Utilized*

Sanction/Action	2022-2023 AY	2023-2024
	Non-Academic Misconduct	Non-Academic Misconduct
Alcohol Warning	188	104
Alcohol/Drug Education Assessment Fee	0	0
AlcoholEDU Sanctions Course	43	62
Apology Letter	11	5
BASICS	37	51
CASICS	1	1
Computer Help Desk	0	0
Computer Warning	0	0
Conflict Wise Course	2	1
Court Imposed Sanction	0	0
Disciplinary Probation	22	24
Enrollment Restriction	0	0
Expulsion	0	0
Marijuana 101 Course	2	3
No Contact Directive	0	3
Parental/Guardian Notification	29	53
Referral of Case to Residence Life	1	3
Reflection Assignment	66	73
Removal from course in progress	0	0
Restitution	4	0
Community Service	4	24
STARRSA	0	0
Substance Use Assessment	5	11
Suspension	5	2
Think About It: Online Course	0	0
University Privilege Restriction	0	0
Written Reprimand	23	24

*Historical Cases Heard by Hearing Officer*

Administrator	2022-2023	2023-2024
<b>Student Life Office Team</b>		
Dean of Students	61	157
Assistant Dean of Students	266	231
Coordinator of Student Conduct	n/a	8
Student Life Specialist (1)	11	0
Student Life Specialist (2)	0	0

<b>Residence Life Team</b>		
Director of Residence Life	1	0
Assistant Director of Residence Life (1)	4	14
Assistant Director of Residence Life (2)	6	8
Main Building - Coate	114	67
Main Building - Drake	46	30
Main Building - Laux	34	13
Main Building - Wentz	34	37
Main Building - Reuter	37	25
Main Building - Eagle Grad	40	87
Main Building - O. White	11	35
Main Building - Angell	38	51
Main Building - Eagle (Full-Time)	47	115
Main Building - Hutchison	12	91
Main Building - Sanford	9	37

*Historical Cases Heard by Student Misconduct Hearing Panel/Examiner*

	<b>2022-2023 AY</b>		<b>2023-2024 AY</b>	
	Academic Misconduct	Non-Academic Misconduct	Academic Misconduct	Non-Academic Misconduct
Conduct Panel	4	1	9	3
Hearing Examiner	0	0	0	1
Total	4	1	9	4

**STUDENT HIGHLIGHTS/TESTIMONIALS**

Exerpts from student reflections:

- “Although I have not been proud of my past choices and won’t be proud of some of my future choices, holding myself accountable is something I know will ground me back to the person I want to be. I’ve taken time to remind myself that a bad decision doesn’t define who I am. Being able to apologize, right my wrongs, and take responsibility for my actions are a few ways I will take ownership of any wrong doings I do.” -UWL Senior
- “In conclusion, my decision to engage in alcohol consumption that night was not only reckless but also potentially life-altering. The consequences could have extended far beyond the immediate aftermath, impacting my legal standing, health, academic performance, relationships, and future employment opportunities. This incident serves as a sobering reminder of the importance of responsible decision-making and the need to prioritize long-term well-being over short-term gratification. Moving forward, I am committed to making wiser choices and avoiding situations where excessive alcohol use can jeopardize my future.” - UWL Freshman

- “Throughout this process I have been able to do lots of thinking and reflecting and while I was very angry at myself and wishing I wasn't in the situation I realized that my actions have consequences and I have to take accountability for them and fulfill my responsibilities. Taking ownership is me realizing that this choice was one that could have been avoided but I still decided to go through with it. In the future I will be able to look back on this decision and reflect on how I have felt through this experience and make the best decision to keep me out of how i'm feeling now.” - UWL Freshman

## **HONORS/AWARDS/GRANTS/PROFESSIONAL PRESENTATIONS**

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N/A

## **SERVICE TO THE UNIVERSITY**

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There was no Coordinator of Student Conduct for the 2023-2024 academic year.

## **2024-2025 ACADEMIC YEAR UNIT GOALS**

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**GOAL 1:** Recruit and train new hearing board members.

**GOAL 2:** Align Student Conduct practices with a trauma-informed lens.

**GOAL 3:** Complete a Maxient audit to ensure all information and communication templates are up to date and accurate.



**Violence Prevention**  
**2023-2024 End of Year Report**  
**Information Provided by Blythe McConaughy**

**MISSION OF UNIT**

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The mission of the UW La Crosse Violence Prevention Office is to provide victim-centered and trauma-informed support and services to victims/survivors of any form of violence on our campus.

**VISION OF UNIT**

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To always provide excellent, trauma-informed support and resources to survivors and those who care about them.

**VALUES OF UNIT**

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UWL Violence Prevention is always victim-centered, trauma-informed and perpetrator focused.

**ABOUT THE UNIT**

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This unit is comprised of a Violence Prevention Specialist and a graduate assistant (when funding and staffing allows). This unit provides free and confidential services to faculty, staff, and students that can include, but is not limited to:

- Referrals to resources on campus and off; such as counseling, medical care and academic or financial assistance.
- Safety planning
- Information on reporting options (university conduct, Title IX, and/or police), campus policies and procedures, and victim rights. (Please note-you are not required to report an assault in order to get help)
- Restraining order information and assistance
- Advocacy and support during interviews and court hearings

**2023-2024 ACADEMIC YEAR UNIT GOALS**

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**GOAL 1: Provide programming on campus every month**

**PROGRESS UPDATE:** This goal was met for this year. Violence Prevention hosted programming for students across campus and partnered with other offices on several events.

## GOAL 2: Onboard a new graduate assistant

**PROGRESS UPDATE:** This goal was met. The Violence Prevention graduate assistant is slated to work 40 hours a week for two years. We just finished our first year. Due to the onboarding the graduate assistant was provided, she started leading sessions with student survivors of violence with the Violence Prevention Specialist observing her. She was able to observe a restraining order as well as has led all prevention efforts and created content for our social media account.

## ACCOMPLISHMENTS/POINTS OF PRIDE/HIGHLIGHTS

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- **Expanded office hours across campus** – This year Violence Prevention began holding two office hours in Mitchell Hall on Tuesdays and two hours in the REC each week. This is in addition to the already standing two hours a week in OMSS and the Pride Center. These office hours are helpful because it gives students who may not be aware of our services a chance to connect with VP staff and build rapport with them. Students see VP staff in their spaces, and they get an opportunity to meet them – then if/when something harmful occurs in their lives, they are more comfortable seeking services. Next, Violence Prevention is going to try to add office hours in Student Support Services and the Access Center to continue this trajectory of getting out of the office and spending time in other spaces on campus.
- **La Crosse County Sexual Assault Response Team** – Once again this year, Blythe co-chaired this team with a fellow advocate from Gundersen Health System, which brings together professionals across the county in a variety of disciplines to strategize best practice responses to Sexual Assault in our county. This year she also coordinated a trip for the entire team to attend the SART Summit in Madison with the Department of Justice.
- **The Wisconsin Attorney General’s Sexual Assault Response Team** – Blythe formally joined team this year, led by Josh Kaul and Keeley Crowley from the Department of Justice.
- **Student Affairs Leadership Academy** – Blythe was invited by Vitaliano to join this year-long learning experience and graduated in June 2024.

## CHALLENGES/LOWLIGHTS

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- The Title IX position saw two different Title IX Coordinators and multiple failed searches for the permanent position. Students were impacted by challenges faced with the first Title IX Coordinator. However, the second Title IX Coordinator was amazing. Their ability to follow up with reports, present information to students, and overall understanding and commitment to Title IX was amazing.

## PROGRAMS/SERVICES

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### Programs

- **Sex Signals** – This event was held for the second year in a row, and the September 2024 performance is already booked. Sex Signals is a partnership with New Student

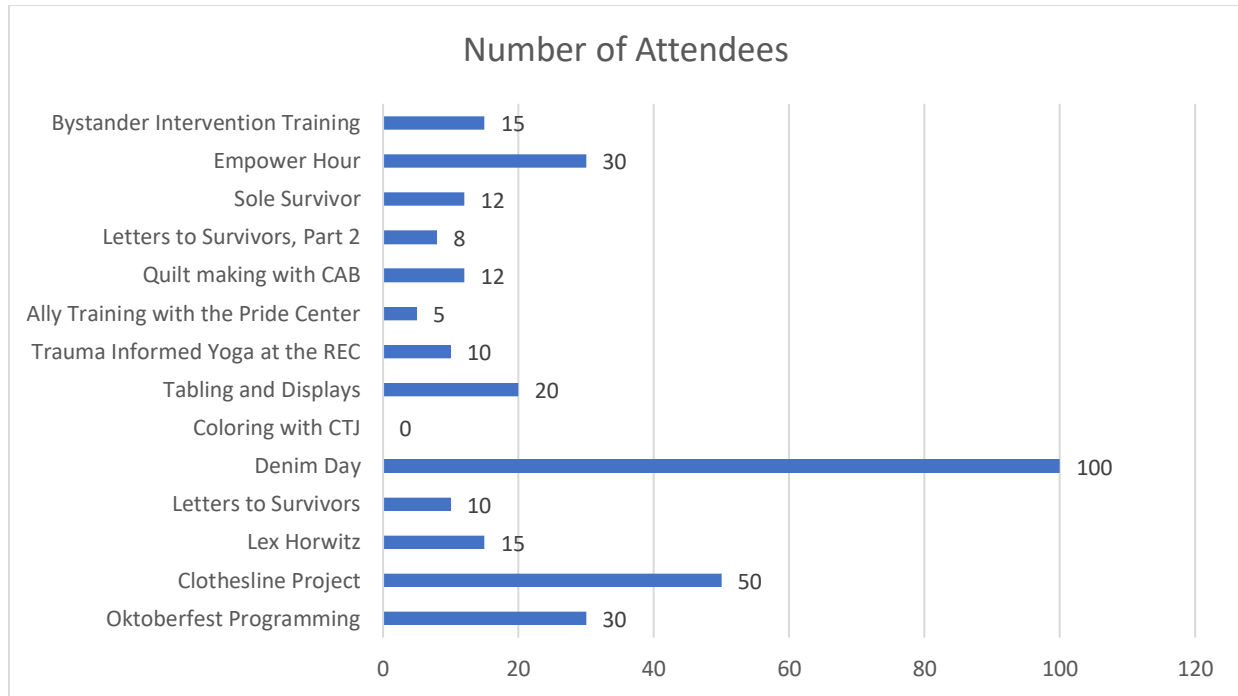
and Family Programs, and it was a rousing success, as always. There were three performances of 750-1000 students each.

- **Oktoberfest/Bystander Intervention/Consent/Safe Drinking Root Beer Kegger** – Violence Prevention provided a significant amount of programming and content for Oktoberfest in 2023. Miranda created ten posts on social media, and we partnered with Student Wellness for the Root Beer Kegger Event at Hutch Hall. We had conversations about safe drinking, bystander intervention and consent with the students who attended. University Police was there too with their drunk goggles and we had a lot of fun.
- **Clothesline Project** – We hosted five tables in the student union during October (Domestic Violence Awareness Month) that displayed our pre-decorated shirts. Students stopped at each table to engage with Violence Prevention staff about the meaning behind the shirts. We were able to interact with students about the realities of domestic violence – most significantly, we talked about how a victim does not have to have any physical evidence that they were harmed to have been harmed. A big misconception about DV is that you can always see it and that isn't the case. Often there are no bruises but there is a lot of hurt and trauma.
- **Displays throughout campus for Domestic Violence Awareness Month** – Miranda made two displays during October that got heavy engagement. All the promotional items that were left at the tables were taken. The displays explained the dynamics of domestic violence. They were placed in Murphy Library and the Race, Gender and Sexuality Studies Library.
- **Lex Horwitz: Creating Affirming Spaces, Understanding Gender, and Sexuality Best Practices Event** – This was a program that Violence Prevention co-sponsored with the Pride Center. We spent \$300 on the food for the event and were able to have our logo on the posters. Mx. Horwitz talked about sex and sexuality as a transperson and commented on the frequency of violence in many trans lives. It was a fabulous conversation, and we were grateful to have been part of it.
- **Letters to Survivors Event in Coate Hall** – Violence Prevention was contacted by two RA's in Coate Hall who were looking for something they could do to show support for survivors on campus. We brainstormed doing a "Letters to Survivors" event with them. They provided the art materials and Blythe and Miranda spoke with attendees about the impact of violence on survivor's lives. Then attendees wrote letters and made art for survivors of violence on our campus. We took these letters back to the office and started distributing them to survivors who wanted one. It's really been rewarding to see the reaction from students who receive Violence Prevention services who take one of the letters. They make them feel supported, and like there are people on our campus who care about them, and that makes a giant difference in their healing. We plan to continue with this activity for years to come.
- **SAAM (Sexual Assault Awareness Month):** Our annual month of events was hugely successful this year. Violence Prevention joined forces with Student Wellness and Health Advocacy, and we had so much fun doing it. Additionally, we were

intentional about partnering with offices all over campus, to get into as many spaces as possible with our messaging.

- **Denim day at the Clocktower**
- **Coloring event with CTJ**
- **Tabling and SAAM displays across campus**
- **Trauma Informed Yoga in the REC**
- **Ally Training with the Pride Center**
- **“Quilt” making with CAB**
- **Letters to Survivors part two in Coate Hall**
- **Sole Survivor in Hutch Hall**
- Social Justice Week: This year Violence Prevention hosted two events during UWL’s Social Justice Week:
  - **Empower hour** – activities for students which invited them to celebrate the strength of survivors of violence and perhaps process the grief of having lived experiences of this kind as well
  - **Bystander intervention training** – 15 attendees
- Tabling at various Student Wellness and Health Advocacy Events including Wellness Jeopardy, Condom Bingo, De-Stress Fest and the Sanford Block Party.

### Programming Numbers



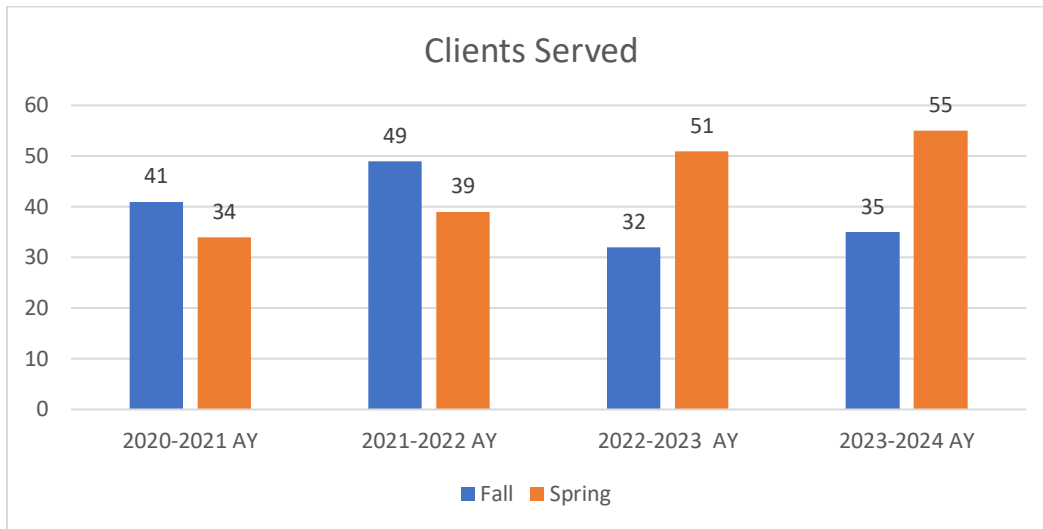
### Presentations

Requested Presentations around campus:

- Fraternity and Sorority Life requested a Bystander Intervention Training
- University Police VP/TIX training

- Race, Gender and Sexuality Studies classrooms
- Communication Studies classrooms
- Public Health classrooms
- First Year Experience
- Various residence halls (Sanford, Coate and Hutch)

Number of Clients Served



### STUDENT HIGHLIGHTS/TESTIMONIALS

“I am just emailing you to thank you for everything you've done to help me this semester. You played a big part in my recent life, and I am so glad that I met you and that we were able to connect. You're such an understanding and kind person; the impact you have in my life will never be forgotten. You went to lengths for me when I needed it the most, and I cannot be more thankful.”

### HONORS/AWARDS/GRANTS/PROFESSIONAL PRESENTATIONS

N/A

### SERVICE TO THE UNIVERSITY

#### **Violence Prevention Specialist**

- Second Year Experience Search and Screen Committee, Co-Chair
- Bias Support and Education Team
- Eagle Fest Planning Committee; Marketing Sub Committee, Member
- Academic Staff Council Voting Member
- Title IX Search and Screen Committee, Co-Chair

#### **Graduate Assistant**

The graduate assistant did not serve on any campus committees.

## **2024-2025 ACADEMIC YEAR UNIT GOALS**

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**Goal 1:** By May 2024, the Violence Prevention Office will increase attendance an average of 10 people per event.

**Goal 2:** By May 2024, the Violence Prevention Office will launch a pilot of the STARRSA program.

**Goal 3:** The Violence Prevention Office will assist in a smooth transition of the new Title IX regulations by partnering with Title IX and providing education across campus.

## **Wellness and Health Advocacy**

### **2023-2024 End of Year Report**

### **Information Provided by Issy Beach**

#### **MISSION OF UNIT**

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The mission of Wellness & Health Advocacy is to provide the University of Wisconsin- La Crosse student body with culturally competent health education, health promotion programming, alcohol and other drug education/intervention, and community engagement. It is the goal of this unit to engage in partnerships across campus that support and empower students to make positive choices and create lifelong habits that promote health and well-being across all seven dimensions.

#### **VISION OF UNIT**

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Wellness & Health Advocacy envisions a campus environment where the potential for health flourishes for everyone.

#### **VALUES OF UNIT**

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##### **Diversity**

Wellness & Health Advocacy recognizes that everyone in the campus community is unique, with different goals, values, strengths, and experiences. Thus, every individual has unique perceptions of and potential for well-being. Wellness & Health Advocacy respects and values these differences and seeks to provide tools, education, guidance, and support to cultivate an inclusive environment.

##### **Evidence-Based**

Furthermore, this unit appreciates and acknowledges the importance of health education based on sound theory and commits to sharing programs and services guided by evidence, research, best practices, and inclusivity. It is vital that students have non- biased, accurate, and complete health education to make informed decisions regarding their health and well-being.

##### **Holistic**

Finally, Wellness & Health Advocacy values wellness as a multi-dimensional concept with interconnections between different aspects of health. This unit recognizes the seven dimensions of wellness as physical, financial, spiritual, emotional/mental, environmental, social/cultural, and career/academic. It is our goal to enact and support programs dedicated to each of the seven dimensions through collaboration, education, and advocacy. This unit recognizes that to “be well at UWL,” students must be given opportunities and resources to nurture their well-being in diverse ways.

## ABOUT THE UNIT

This unit is comprised of a Coordinator of Student Wellness, Peer Health Advocates, and a preceptee when acquired. This unit

This unit provides programming opportunities to members of the UWL campus community related to the seven dimensions of wellness. This unit also provides alcohol and drug education to individuals who have gone through the student conduct process. Lastly, this unit provides support and education related to violence prevention.

## 2023-2024 ACADEMIC YEAR UNIT GOALS

**GOAL 1: During the 2023-2024 academic year, Wellness & Health Advocacy will continue promoting holistic wellness and engaging UWL students by facilitating or co-hosting programs related to each of the seven dimensions of wellness.**

### PROGRESS UPDATE:

- By May 2024, at least one program will be facilitated or co-hosted by the Peer Health Advocates for each dimension of wellness.
- By May 2024, Wellness & Health Advocacy will engage at least 2,500 students during health promotion programming and tabling events.
  - Fall 2023 Progress Update
  - 1,431 student engagements
  - Continued efforts to diversify program content across all seven dimensions
- Spring 2024 Progress Update
  - 1,362 student engagements; 2,793 student engagements during the 2023- 2024 academic year
  - Please refer to the table below for program content:

Dimension	2023-2024 Program Examples
Physical (sexual health, alcohol and other drugs, fitness and nutrition, and violence prevention)	Wellness Connection at the REC (office hours), Wellness Jeopardy, GAMMA, Alcohol Skills & Drunk Goggle Challenge, Narcan and Nachos, Sexual Assault Awareness Month (SAAM), Condom Bingo, Let's Talk About Sex (Name That Tune), HPR sexual health lectures, Root Beer Kegger, RECtoberfest
Financial	Wellness Jeopardy, Budget Crafts with It Make\$ Cents
Spiritual	Action Boards for Leadership, Trauma Sensitive Yoga for SAAM
Emotional/Mental	Wellness Kits, Self-Love tables, Mental Health Bingo, SAAM, Zen Dens, De-Stress Zone, Kits for Kids (mental health kits), Recognizing Stress and Burnout, Mental Health 101, Mindful Mondays in OMSS (office hours)
Environmental	Car Free Week, Terra Trivia, Earthapalooza (rock painting and climate anxiety education)



Social/Cultural	Developmental Disabilities Awareness Month project with DREAM, Kits for Kids
Career/Academic	Action Boards for Leadership

The green dimensions denote our most successful areas of programming; the red dimensions denote areas for growth.

**GOAL 2: By May 2024, Wellness & Health Advocacy will, in support of Student Life Office initiatives, increase utilization of its services by underrepresented student groups (i.e., students of color, LGBTQIA+ students).**

**PROGRESS UPDATE:**

- By May 2024, at least 10 Wellness Work Times with *students in attendance* will be facilitated on campus as fulfillment of Wellness & Health Advocacy’s office hours in the Recreational Eagle Center (REC), the COVE, and the Office of Multicultural Student Services (OMSS).
- At least one group-specific program will be facilitated by the Peer Health Advocates each semester during the 2023-2024 academic year (i.e., Queer Condom Bingo, health-related programming for students of color).
- Fall 2023 Progress Update
  - 31 Wellness Work Times
  - Collaborative program with Disability Rights, Education, Activism, and Mentoring (DREAM) scheduled for Spring 2024
- Spring 2024 Progress Update
  - Office hours in each campus space were assigned a unique name (Mindful Mondays in OMSS, Wellness Connection in the REC, and Wellness Worktime in the COVE)
  - Office hours occurred 31 times during the Spring semester and 22 had at least one student participate in the activity
  - Newly designed content focused on fitness and nutrition for Wellness Connection had record-breaking attendance for office hours (22 students participated in Fitness Trivia and 21 students tried the Caffeine Challenge)
  - While Wellness & Health Advocacy did not complete one group-specific program each semester, we did collaborate with DREAM on an awareness project for Developmental Disabilities Awareness Month.

**GOAL 3: By May 2024, Wellness & Health Advocacy will generate and implement a revised BASICS/CASICS program.**

**PROGRESS UPDATE:**

- By December 2023, a revised eCHECKUP will be used for the BASICS program at UW- La Crosse (i.e., new data for peer comparisons).
- By May 2024, rewritten scripts and training materials will be

implemented by the Student Wellness Coordinator.

- Fall 2023 Progress Update
  - Miranda Ricci, Violence Prevention Graduate Assistant, was trained to facilitate BASICS
  - Awaiting data from the National College Health Assessment (NCHA) to update the eCHECKUP
- Spring 2024 Progress Update
  - The BASICS/CASICS revision process timeline has been pushed back; a pleasantly busy Spring semester offset this goal.
  - On May 22, 2024, UWL received the 2024 National College Health Assessment data.
  - Revisions will be made to the BASICS/CASICS program over the next year; future unit goals and objectives will be designed to address this process in phases.

## **ACCOMPLISHMENTS/POINTS OF PRIDE/HIGHLIGHTS**

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### **Fall 2023**

- Over 200 students at Condom Bingo in September
- 195 students at De-Stress Fest in December
- Wellness & Health Advocacy and Violence Prevention hired a full time preceptee for the Spring 2024 semester
- Outreach and scheduling for collaborative programming was completed by the Peer Health Advocates

### **Spring 2024**

- Anna Van Orsow completed her preceptorship for the Public Health and Community Health Education department after working full time for 15 weeks with Wellness & Health Advocacy and Violence Prevention
- 154 students at Condom Bingo in January
- De-Stress Fest was reconfigured into the De-Stress Zone at Spring Spectacular to avoid double-booking events of the last day of classes and to reach a larger audience; 338 students participated in the De-Stress Zone
- Mental Health Programming for Gen Z: Adapting to Change in Higher Education* at the WCPA Professional Development Institute had 60 participants
- 665 UWL students completed the National College Health Assessment; the Universities of Wisconsin total response was just over 10,000 (the highest we've had as a system)

## **CHALLENGES/LOWLIGHTS**

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### **Fall 2023**

- Health promotion buttons for Wellness & Health Advocacy and Violence Prevention were only created and distributed during September due to a lack of supplies

- Decline in program requests from Residence Life
- Revisions to the eCHECKUP are taking longer than anticipated due to issues with data retrieval

### Spring 2024

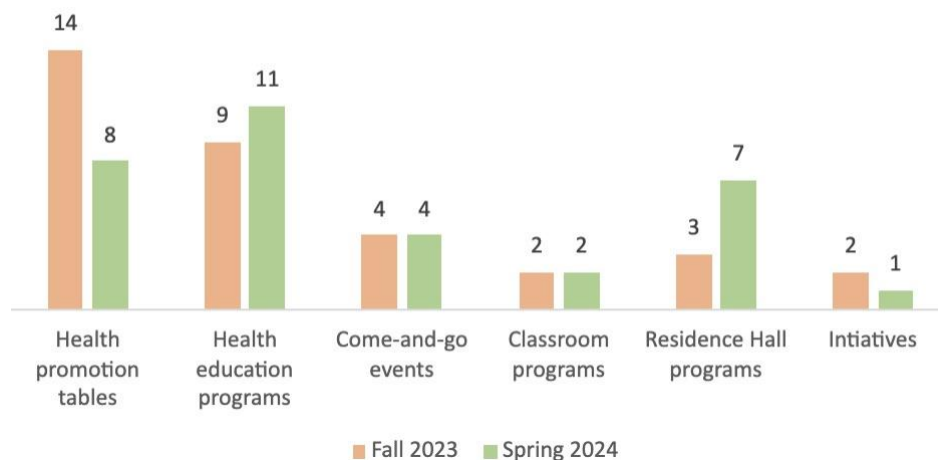
- The Peer Health Advocate team is preparing for a period of transition in Fall 2024 after losing four members (three graduates, one transfer student); the team in Fall 2024 will be comprised of three returning members and three new members
- Decline in program requests from instructors; only the HPR 105 sexual health lectures were facilitated
- Decline in student responses on the Program Feedback Survey and the BASICS/CASICS Evaluation Survey

## PROGRAMS/SERVICES

### Health Promotion Programming

Wellness & Health Advocacy engages in several delivery methods for culturally competent health education and health promotion programming. The Peer Health Advocates play a vital role in the creation, facilitation, and evaluation of the programs and services offered by this unit. Please refer to the overview of health promotion programs for the 2023-2024 academic year below:

2023-2024 Health Promotion Programs



Notable programming from this year includes three campus-wide initiatives: Car Free Week with Sustainability, Wellness Week, and Denim Day (Sexual Assault Awareness Month) with Violence Prevention. While programming in the Residence Halls spiked, outreach may need to be conducted next academic year to increase classroom program requests. As usual, Condom Bingo was very popular in the Residence Halls, but Zen Dens and Alcohol Skills were also requested repeatedly. Collaboration with student organizations like Active Minds, Students for Sustainability, and DREAM and campus offices like the Leadership & Involvement Center helped increase programming efforts in the Spring semester.

In addition to direct programming, Wellness & Health Advocacy provides UWL students with additional health promotion services. These services include the Stall Seat Journal, bulletin boards, and free sexual health supplies. New marketing strategies for the free sexual health supplies program continued year-round and resulted in an increase in orders from the 2022-2023 academic year. We would like to recognize that persistent partnership with Planned Parenthood of Wisconsin and Vivent Health supports our capacity to provide inclusive access to internal condoms, external condoms, latex-free condoms, water-based lubricant, and dental dams for UWL students. Please refer to the table below for current observations and future objectives regarding the free sexual health supplies program:

<b>Observations from 2023-2024</b>	<b>Objectives for 2024-2025</b>
Orders made by Resident Assistants and Hall Directors exclusively came from Reuter, Eagle, Drake, Wentz, and Sanford Halls. A large majority of these orders came from Eagle and Drake Halls and were repeated by a select group of staff members.	Perform outreach to incoming students and staff in Laux, Angell, Coate, Hutchinson, and O. White Halls to expand supply ordering to all Residence Halls.
In around 100 student supply orders, dental dams were only ordered 19 times and internal condoms were only ordered 15 times.	Perform outreach that highlights the variety of products available and reduces heteronormative stigma related to sexual health services.

The Stall Seat Journal was written by the Peer Health Advocates and published in September, October, November, December, February, March, and April. In addition to this publication for the whole UWL community, Wellness & Health Advocacy offers bulletin boards for the Residence Halls highlighting sexual health, alcohol misuse prevention, body image, mental health resources, and healthy relationships.

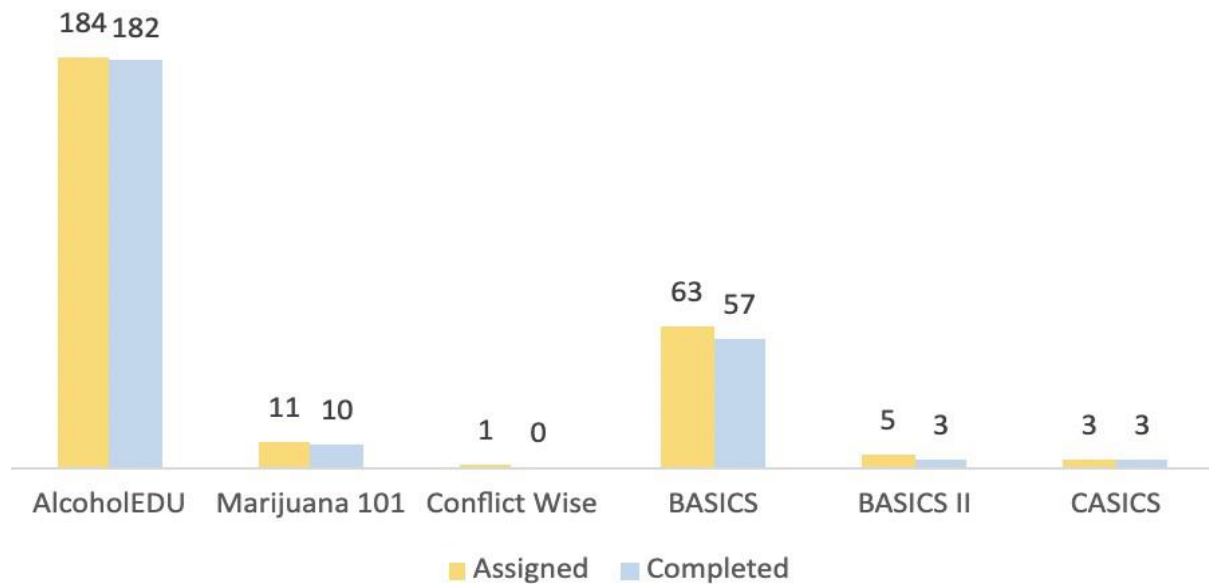
## 2023-2024 Wellness Services



### Alcohol and Other Drug Interventions

Sanctions for student misconduct pertaining to alcohol and other substance use are overseen by the Student Wellness Coordinator, including AlcoholEdu, Marijuana 101, Conflict Wise, BASICS, CASICS, and BASICS II. Please refer to the assignments and completions for the 2023-2024 academic year below:

## 2023-2024 Sanctions



Of the six BASICS sanctions that students failed to complete, three are being reassigned to the Fall semester of next year. And of the two BASICS II sanctions that students failed to complete, one is being reassigned to the Fall semester of next year. Thus, only three BASICS and one BASICS II students are delinquent on their sanctions in addition to the students who failed to complete AlcoholEDU, Marijuana 101, or Conflict Wise. Despite BASICS/CASICS facilitation being generally positive this year, a sudden decline in student responses on the evaluation survey was disappointing; only 16 responses were collected during the Spring semester. However, the responses that were collected indicate that students enjoy meeting one-on-one and receiving individualized feedback, learned strategies for reducing their risk associated with alcohol and drug use, and felt motivated to change their behavior. For a complete overview of student feedback, please refer to Appendix A.

### STUDENT HIGHLIGHTS/TESTIMONIALS

Gathering student feedback is a constant challenge for Wellness & Health Advocacy, but we try to learn from the survey responses that we can collect. For a complete overview of student responses to the Program Feedback Survey, please refer to Appendix B. Tracking how students engage with program advertising is vital to growing our success. It is incredibly exciting to see a major increase in student engagement on Instagram. Please refer to the table below:

Survey Question: How did you learn about this program?	2022-2023 Student Responses	2023-2024 Student Responses
Instagram	7.05%	30.36%
Digital signs or posters	5.13%	17.16%
Word of mouth	48.08%	33.00%
Other (required attendance, classroom presentation, etc.)	39.74%	19.47%

Wellness & Health Advocacy is also excited to see an increase in student likelihood of attending future programs hosted by the Peer Health Advocates. Please refer to the table below:

Survey Question: How likely are you to attend another Wellness & Health Advocacy program?	2022-2023 Student Responses	2023-2024 Student Responses
Extremely unlikely	8.11%	4.12%
Unlikely	11.49%	9.05%
Neither	32.43%	13.58%
Likely	27.70%	37.45%
Extremely likely	20.27%	35.80%

Fall 2023

- “I enjoyed the lack of judgment and how it was a learning environment and a way to

- reflect.” (BASICS Student)
- “It was very personal; constructive and useful feedback was provided.” (BASICS Student)
- “It taught me some things that I never thought I would need or like to know.” (BASICS Student)
- “I really like that this program is set up for students and that UWL really does just want safe decisions to be made.” (BASICS Student)
- “I just loved how inclusive, open, and positive that space felt...[it] was a great event that just made me smile!” (Student, De-Stress Fest)
- “I really enjoyed this event. Thank you for taking care of students during this stressful time of year!” (Student, De-Stress Fest)
- “As a psychology major, it was quite enlightening!” (Student, Recognizing Stress & Burnout, International Education & Engagement)
- “I loved the presentation and the interactive-ness of the session as a whole.” (Student, Recognizing Stress & Burnout, International Education & Engagement)

#### Spring 2024

- “I enjoyed the one-on-one experience; I feel as though I learned a lot more about myself.” (BASICS Student)
- “I loved Issy! She was easy to open up to, and she helped relate my situation to the content.” (BASICS Student)
- “It was good to reflect on my bad drinking habits and now I want to change them to better myself.” (BASICS Student)
- “I liked how supportive Issy was with the entire process. This program was a very good educational tool.” (BASICS Student)
- “I absolutely loved being a member of the PHA team. I have learned so much and have gotten so much valuable experience from this job. I'm so happy that I applied for this role because I received so much joy from this experience.” (Anika Whittington, graduating Peer Health Advocate)
- “I grew my confidence with public speaking through the program and I feel like I got to actually educate some students on important topics.” (Brooke Axelson, Peer Health Advocate)
- “This is iconic!” (Instagram comment received from Planned Parenthood of Wisconsin on National Public Health Week content)

### **HONORS/AWARDS/GRANTS/PROFESSIONAL PRESENTATIONS**

#### Nominations

- Nominated for the Aerie Award, Eagle Excellence in Leadership Awards (Peer Health Advocates)
- Nominated for the Stryker’s Student Leader Award, Eagle Excellence in Leadership Awards (Sarah Remiker, Lead Peer Health Advocate)
- Nominated for Outstanding New Academic Staff Award (Issy Beach, Student Wellness Coordinator)

### Professional Presentations

- Presented *Mental Health Programming for Gen Z: Adapting to Change in Higher Education* at the Wisconsin College Personnel Association (WCPA) Professional Development Institute (Issy Beach, Student Wellness Coordinator and Anna Van Orsow, Wellness & Health Advocacy Preceptee)
- Presented and facilitated *Action Boards for Leadership* at the inaugural UWL Student Leadership Summit (Issy Beach, Student Wellness Coordinator and Anna Van Orsow, Wellness & Health Advocacy Preceptee)

### Conference Attended

- Attended the *Safe, Healthy, Strong Conference* hosted by Planned Parenthood of Wisconsin

## **SERVICE TO THE UNIVERSITY**

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### **Coordinator of Student Wellness**

- Drug Free Schools Taskforce, Chair
- Coordinator of Second Year Experience, Co-Chair
- Minds Matter Committee

## **2024-2025 ACADEMIC YEAR UNIT GOALS**

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Unit goals have not been created yet.



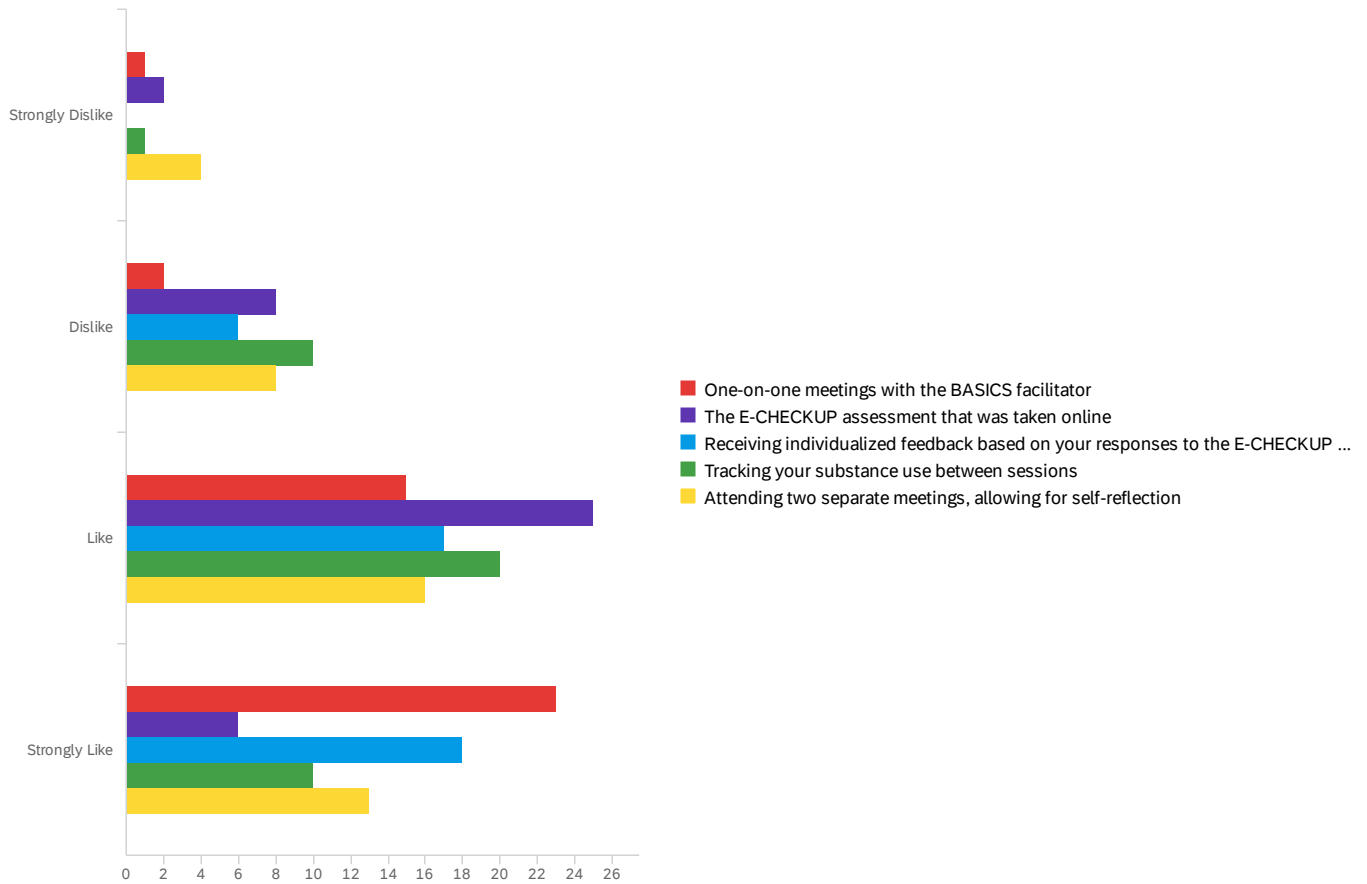
# Appendix A: 2023-24 BASICS Feedback

NEW\_BASICS/CASICS Evaluation

May 29, 2024 11:10 AM CDT

Q10 - Please indicate the extent to which you LIKED or DISLIKED the following aspects

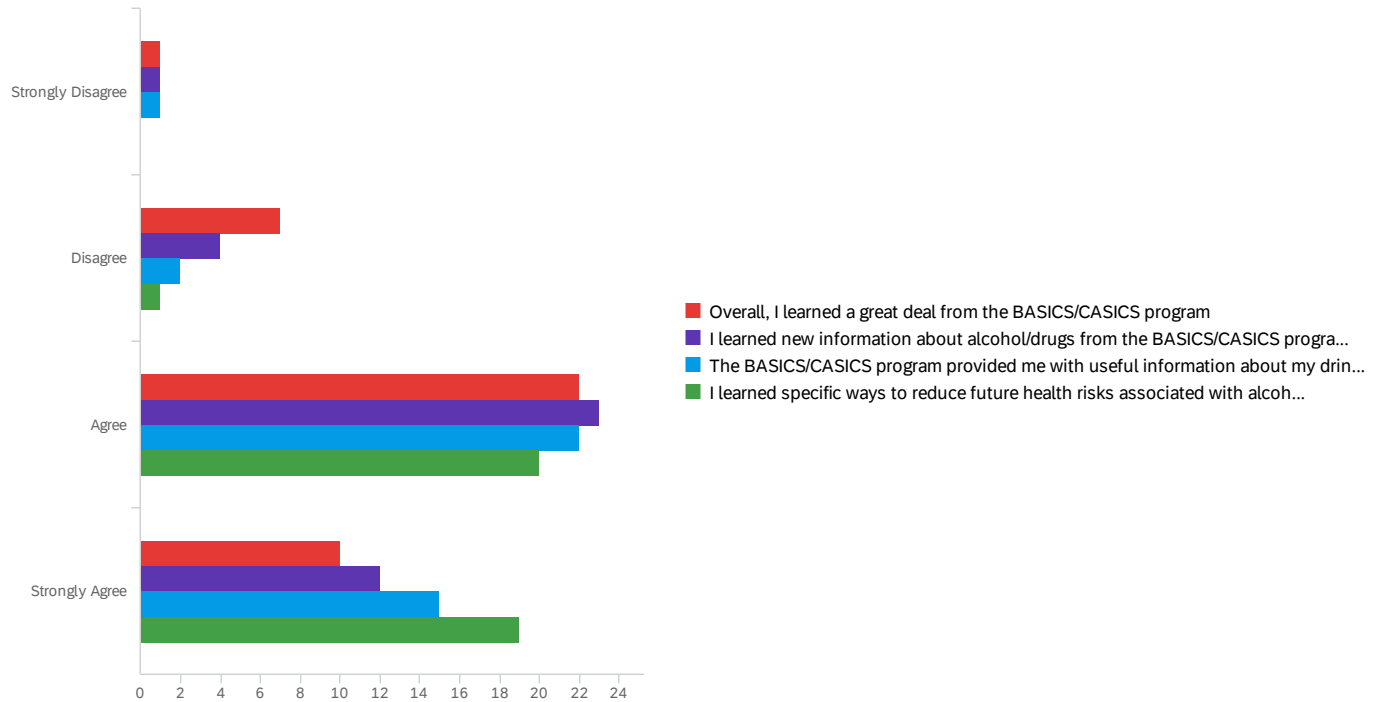
of the BASICS/CASICS program.



#	Field	Strongly Dislike	Dislike	Like	Strongly Like	Total
1	One-on-one meetings with the BASICS facilitator	2.44% 1	4.88% 2	36.59% 15	56.10% 23	41
2	The E-CHECKUP assessment that was taken online	4.88% 2	19.51% 8	60.98% 25	14.63% 6	41
3	Receiving individualized feedback based on your responses to the E-CHECKUP assessment	0.00% 0	14.63% 6	41.46% 17	43.90% 18	41
4	Tracking your substance use between sessions	2.44% 1	24.39% 10	48.78% 20	24.39% 10	41
5	Attending two separate meetings, allowing for self-reflection	9.76% 4	19.51% 8	39.02% 16	31.71% 13	41

Showing rows 1 - 5 of 5

Q13 - Please indicate the extent to which you AGREE or DISAGREE with the following statements.

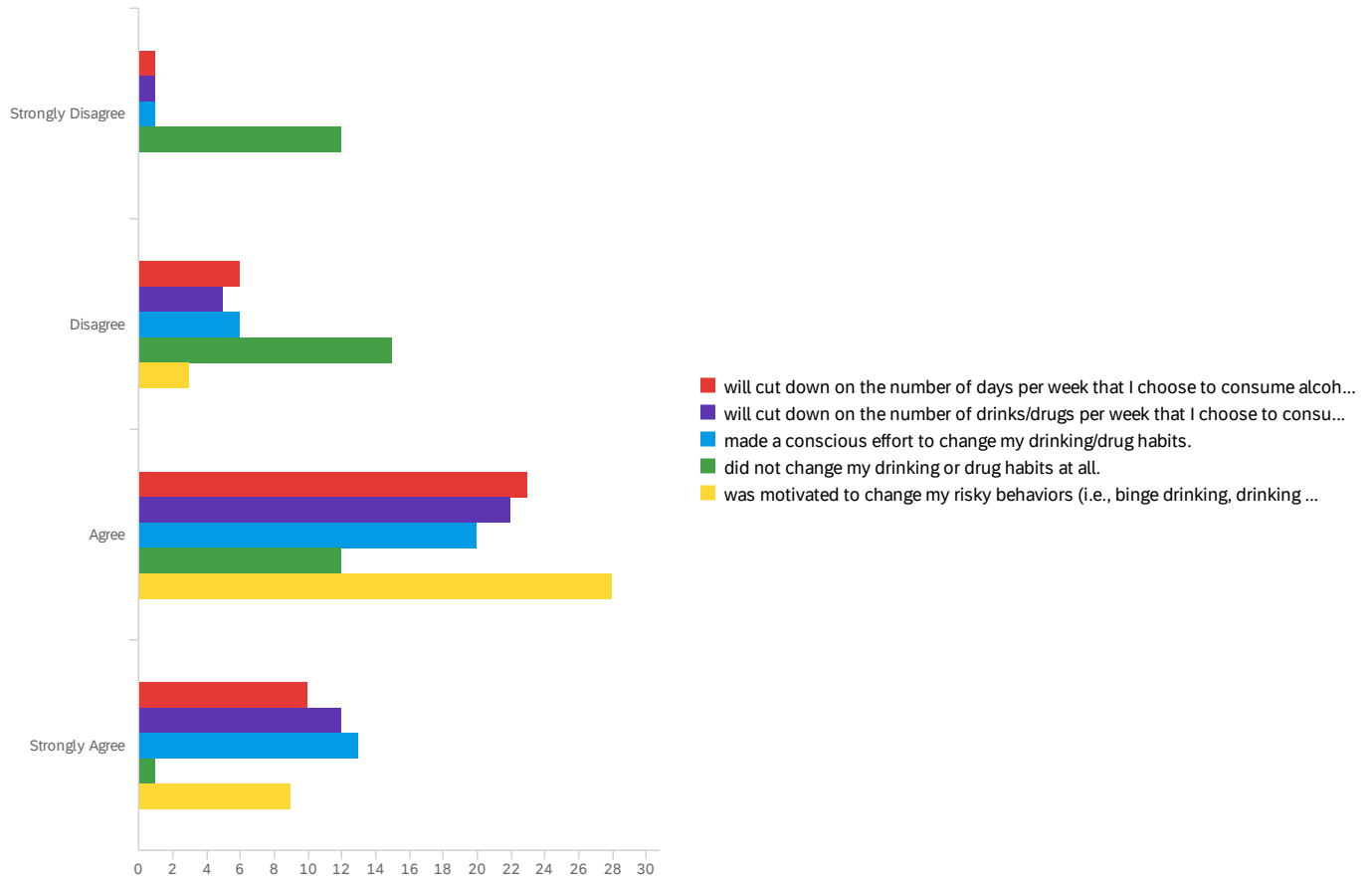


#	Field	Strongly Disagree	Disagree	Agree	Strongly Agree	Total
1	Overall, I learned a great deal from the BASICS/CASICS program	2.50% 1	17.50% 7	55.00% 22	25.00% 10	40
2	I learned new information about alcohol/drugs from the BASICS/CASICS program	2.50% 1	10.00% 4	57.50% 23	30.00% 12	40
3	The BASICS/CASICS program provided me with useful information about my drinking/drug habits	2.50% 1	5.00% 2	55.00% 22	37.50% 15	40
4	I learned specific ways to reduce future health risks associated with alcohol/drug use	0.00% 0	2.50% 1	50.00% 20	47.50% 19	40

Showing rows 1 - 4 of 4

# Q15 - Please indicate the extent to which you AGREE or DISAGREE with the following

statements: After completing the BASICS/CASICS program, I....



#	Field	Strongly Disagree	Disagree	Agree	Strongly Agree	Total
1	will cut down on the number of days per week that I choose to consume alcohol or drugs.	2.50% 1	15.00% 6	57.50% 23	25.00% 10	40
2	will cut down on the number of drinks/drugs per week that I choose to consume.	2.50% 1	12.50% 5	55.00% 22	30.00% 12	40
3	made a conscious effort to change my drinking/drug habits.	2.50% 1	15.00% 6	50.00% 20	32.50% 13	40
4	did not change my drinking or drug habits at all.	30.00% 12	37.50% 15	30.00% 12	2.50% 1	40
5	was motivated to change my risky behaviors (i.e., binge drinking, drinking and driving, mixing alcohol and other drugs)/	0.00% 0	7.50% 3	70.00% 28	22.50% 9	40

Showing rows 1 - 5 of 5

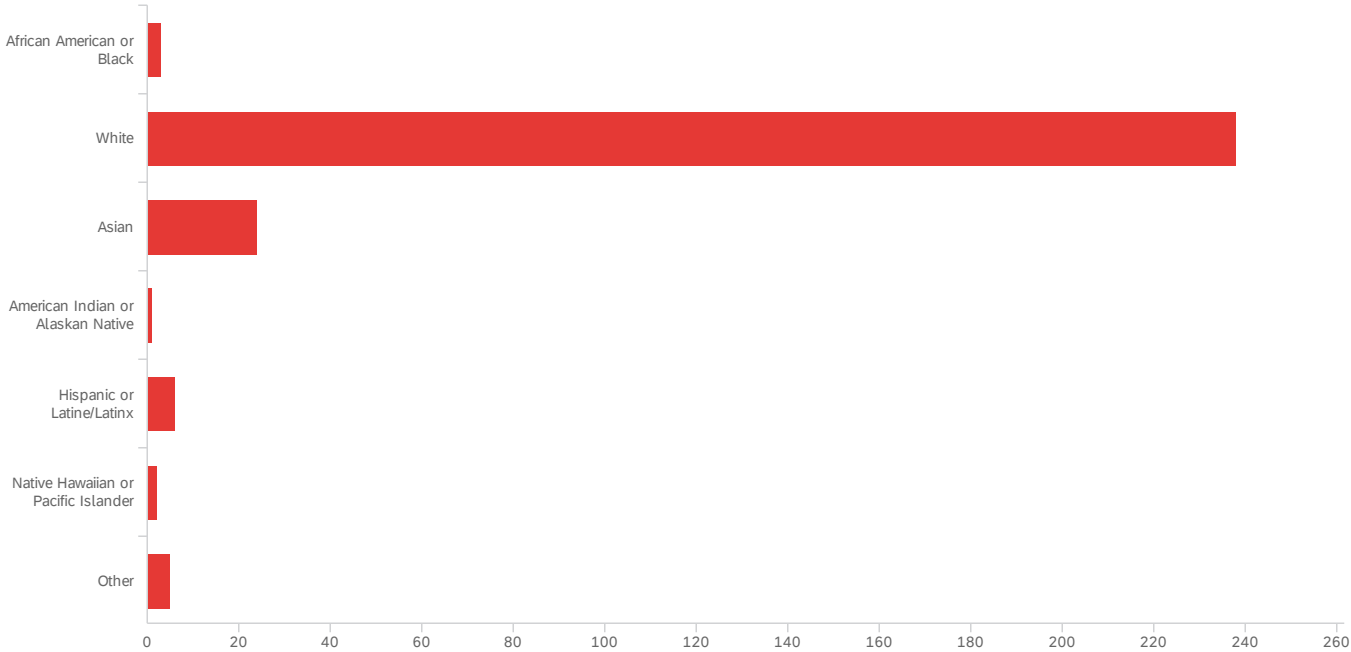
**End of Report**

# Appendix B: 2023-2024 Student Feedback

Wellness Program Feedback Form

May 31, 2024 10:25 AM CDT

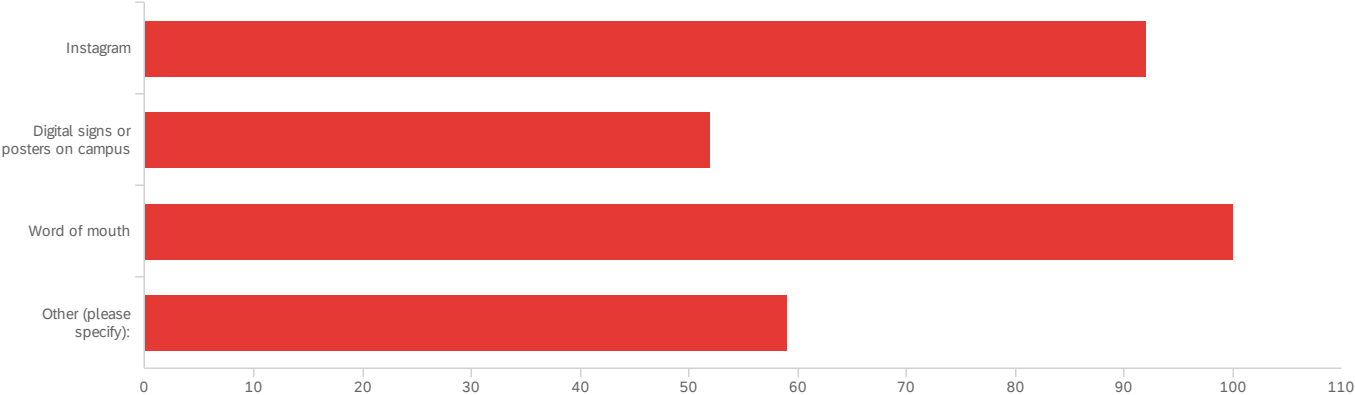
Q12 - What is your race/ethnicity? (Please select all that apply)



#	Field	Choice Count
1	African American or Black	1.08% 3
2	White	85.30% 238
3	Asian	8.60% 24
4	American Indian or Alaskan Native	0.36% 1
5	Hispanic or Latine/Latinx	2.15% 6
6	Native Hawaiian or Pacific Islander	0.72% 2
7	Other	1.79% 5
		279

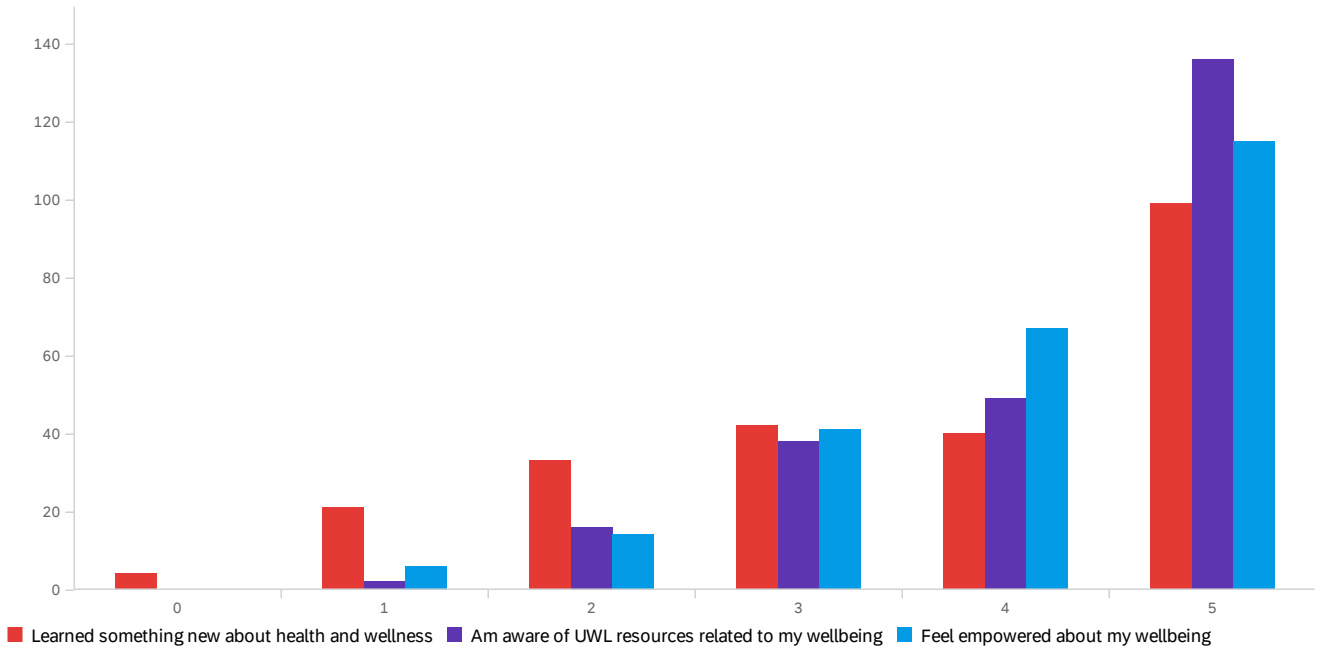
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Q7 - How did you learn about this program? (Please select all that apply)

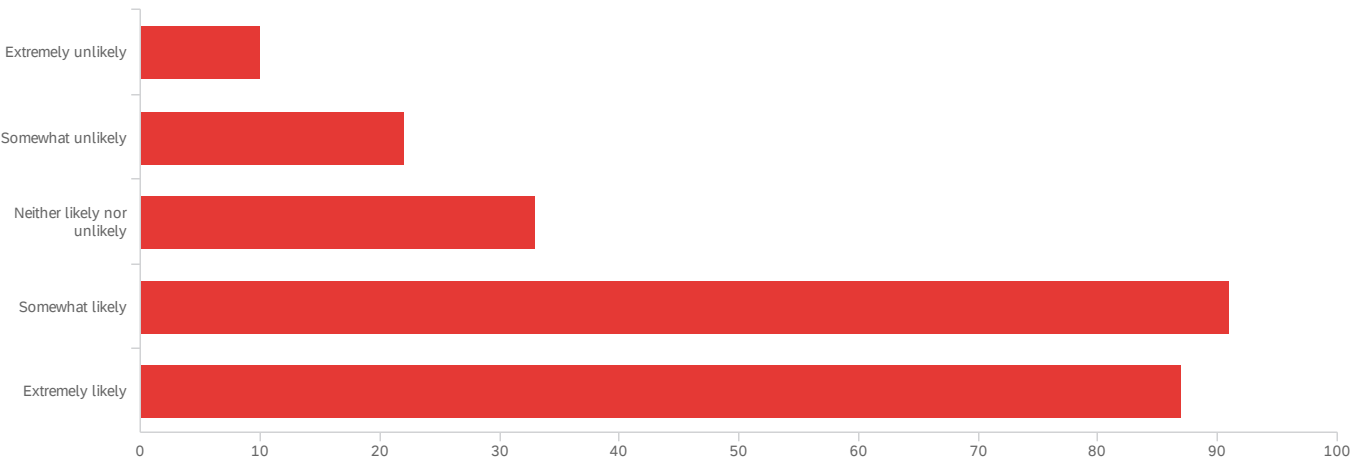


Q8 - Please indicate your agreement with the following statements (0 = strongly

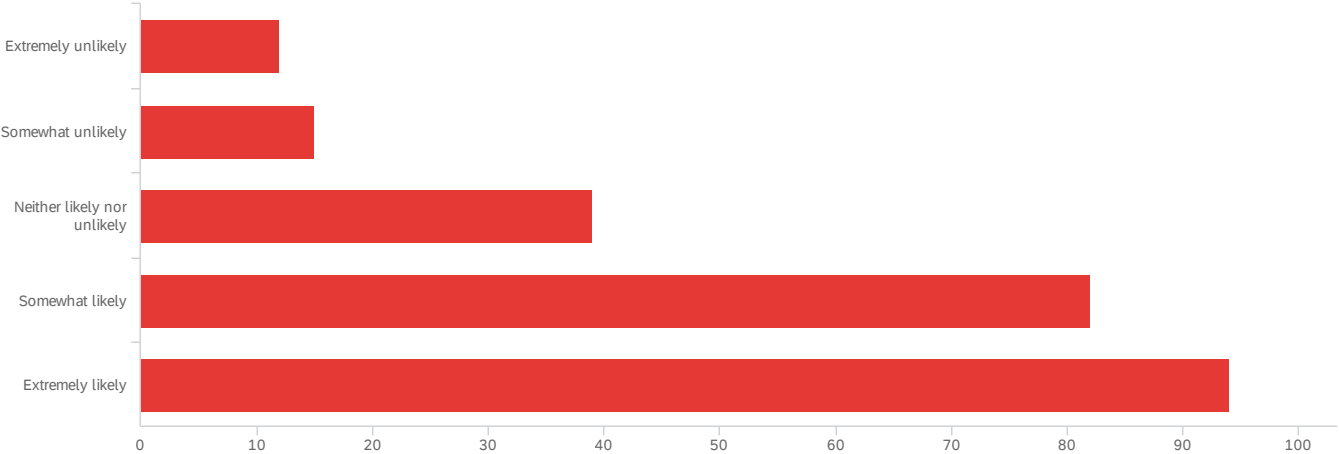
disagree, 5 = strongly agree): After attending this program, I...



Q9 - How likely are you to attend another Wellness and Health Advocacy program?



Q10 - How likely are you to recommend a Wellness and Health Advocacy program to a friend?



End of Report